

Michigan Acute Care Surgery Collaborative

**Ypsilanti, MI
April 27, 2022**



Disclosures

◆ Mark Hemmila Grants

- Blue Cross Blue Shield of Michigan
- Michigan Department of Health and Human Services
- National Institutes of Health - NIGMS

No Photos Please



Agenda

- ◆ Welcome/Updates
- ◆ Mark Hemmila
 - Data/Reports
- ◆ John Scott
 - Operative vs. non-operative acute appendicitis
- ◆ Kim Kramer
 - Data Updates
 - Validation

Guests

- ◆ Speaker – Appendicitis Management
 - John Scott MD
- ◆ SCOAP (Surgical Care and Outcomes Assessment Program)
 - Richard Thirlby MD
 - Scott Helton MD
 - Vickie Kolios-Morris, Senior Program Director
- ◆ Visiting Junior Faculty
 - Anne Stey MD

Future Meetings

- ◆ 3 per year
 - ◆ Thursday September 15, 2022
 - ◆ Thursday December 8, 2022
 - ◆ Wednesday April 26, 2023
 - ◆ Wednesday September 7, 2023
-
- ◆ Let us know if you see problems with dates
 - ◆ In-person if possible
 - Virtual – Weather, COVID

Recruitment

- ◆ Potentials

- Bronson

- ◆ Kalamazoo

- ◆ Battle Creek

- St. Marys Saginaw

BCBSM 2021 and 2022

◆ SOW Deliverables

- 3 Meetings/yr
- ArborMetrix reporting - up
- Data validation program - 2022
- Performance Index - 2022
 - Participation 2022
 - 2 metrics 2023

Data and Reports

Mark Hemmila, MD

Overview of Data Capture

- ◆ Data pull March 4, 2022
- ◆ Qualtrics since May 2020
- ◆ Diseases
 - Acute Appendicitis
 - Acute Gallbladder disease
 - ◆ Cholecystitis
 - ◆ Choledocholithiasis/Cholangitis
 - ◆ Gallstone pancreatitis
 - SBO
 - ◆ Hernia (if present)
 - Emergent Exploratory Laparotomy

Reports

- ◆ Time frame
 - 7/1/2019 to 3/4/2022
- ◆ Risk-adjustment
 - Summary
 - Acute appendicitis
 - Gallbladder
 - Emergent Ex. Laparotomy
 - SBO
- ◆ Tables
- ◆ Graphs

Reports

◆ Index

- Primary disease for which admitted
- Days post-discharge restriction
 - ◆ Acute appendicitis, 12, 24, 36 mo
- Mortality and complications are collapsed down into the index admission
 - ◆ Joey Gall – admit and cholecystectomy, discharge home
 - ◆ Joey Gall – readmit for cystic duct stump leak
 - ◆ Joey Gall – readmit for c. diff colitis
- Joey Gall - readmit Y, cystic duct stump leak Y, and c. diff colitis Y

Reports

- ◆ Patients can cross over and be in two diseases
 - ◆ Joey Gall – admit and cholecystectomy, discharge home
 - ◆ Joey Gall – readmit for cystic duct stump leak
 - ◆ Joey Gall – readmit for SBO
- Joey Gall – Gallbladder index, readmit Y, cystic duct sump leak Y
- Joey Gall – SBO index

Spectrum

- ◆ Two hospitals
- ◆ Butterworth
- ◆ Blodgett
- ◆ Good volume at both
- ◆ Split to provide better insight for QI
 - Butterworth = SH
 - Blodgett = BL > SB

Things to think about

- ◆ Data sampling frame
 - All Qualtrics May 2020, about 2 years
 - 3 years?
- ◆ Risk adjustment models
 - Do they make sense?
 - Credible?
- ◆ Index disease reset
 - SBO
 - ◆ Time?
 - ◆ Operation?

Risk Adjustment Models

◆ Summary

- All
- Operative
- Non-operative
- Account for disease and operation

◆ Disease specific

- Acute appendicitis
- Gallbladder disease
- SBO
- Emergent Ex. Lap

Total = 12,478 Index

1861

37

3018

21

1839

7

2885

27

222

1

1300

19

215

9

502

35

319

13

317

16



**Michigan Acute Care Surgery Report
Summary • 27 • 7/1/2019-3/4/2022**

<u>Index Admission</u>		Your Center N = 2885		Aggregate N = 12478	
<u>Variable</u>		<u>N</u>	<u>%</u>	<u>N</u>	<u>%</u>
Total Cases	Index Admissions	2885	23.1	12478	100.0
	Total Admissions (with Readmissions)	3614	25.3	14276	100.0
By Disease	Appendicitis	585	20.3	3177	25.5
	Gallbladder	883	30.6	5021	40.2
	SBO	570	19.8	2368	19.0
	Exploratory Laparotomy	226	7.8	1094	8.8
	Other/None	621	21.5	818	6.6

<u>Index Admission</u>		Your Center N = 2885		Aggregate N = 12478	
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	Exploratory Laparotomy	226	7.8	1094	8.8
	Other/None	621	21.5	818	6.6
Operation	Appendicitis				
	Operative	424	72.5	2747	86.5
	Non-operative	161	27.5	430	13.5
	Gallbladder				
	Operative	676	76.6	4226	84.2
	Non-operative	207	23.4	795	15.8
	SBO				
	Operative	167	29.3	833	35.2
	Non-operative	403	70.7	1535	64.8
	Other/None				
	Operative	251	40.4	412	50.4
	Non-operative	370	59.6	406	49.6

Index AdmissionAggregate
N = 12478VariableN%


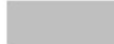
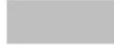

CPT Code	47562, Laparoscopic cholecystectomy	3423	27.4	36.93
15 most frequent	44970, Laparoscopic appendectomy	2566	20.6	27.68
	47563, Lap cholecystectomy w IOC	485	3.9	5.23
	44120, Resection of small intestine	383	3.1	4.13
	44005, Freeing of bowel adhesion	289	2.3	3.12
	47600, Open cholecystectomy	211	1.7	2.28
	49000, Exploration of abdomen	136	1.1	1.46
	44143, Partial colectomy w colostomy	134	1.1	1.45
	44140, Partial colectomy w anast	125	1.0	1.35
	43840, Gastorrhaphy, Graham patch	119	1.0	1.28
	49561, Repair ventral/inc hernia	98	0.8	1.06
	44160, Partial colectomy with TI	96	0.8	1.04
	44950, Open appendectomy	91	0.7	0.98
	49587, Repair umbilical hernia	69	0.6	0.74
	49320, Laparoscopy, diagnostic	60	0.5	0.65
	All other	984	7.9	10.6



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Risk Adjusted Outcomes

Index Admission with Readmissions

		Your Center		Aggregate			
<u>Risk Adjusted Outcomes</u>							
<u>Index Admission with Readmissions</u>		N = 2885		N = 12478			
<u>Variable</u>		<u>N</u>	<u>%</u>	<u>N</u>	<u>%</u>	<u>P*</u>	<u>Outlier</u>
Any complication	Overall, unadjusted	594	20.6	2490	20.0	0.257	
	Overall, risk-adjusted		20.9		20.0		
	With operation, unadjusted	416	22.1	1942	20.1	0.087	
	With operation, risk-adjusted		21.8		20.1		
	Without operation, unadjusted	178	17.8	548	19.6	0.541	
	Without operation, risk-adjusted		20.5		19.6		
Incisional SSI	With operation, unadjusted	42	2.2	143	1.5	0.049	
	With operation, risk-adjusted		2.1		1.5		
Management	Operation	1883	65.3	9680	77.6		
	Non-operative	1002	34.7	2798	22.4		

Key

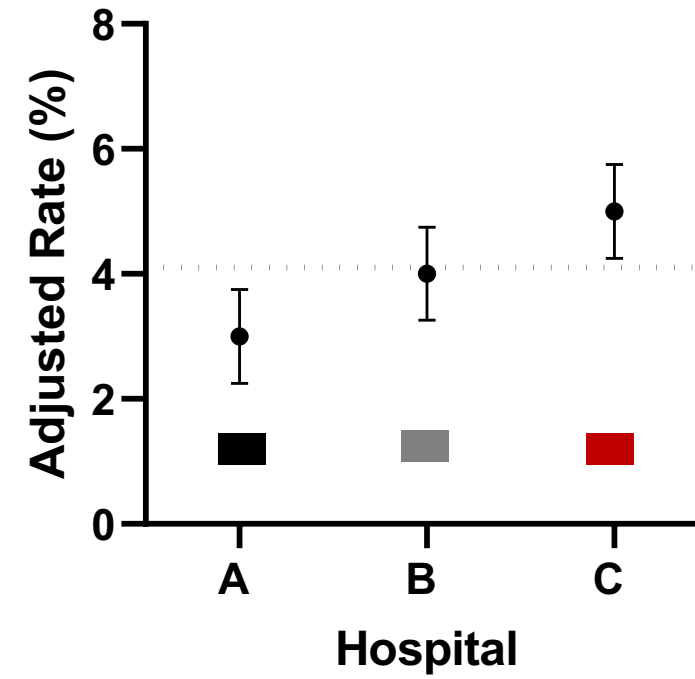
Low Outlier

Average

High Outlier



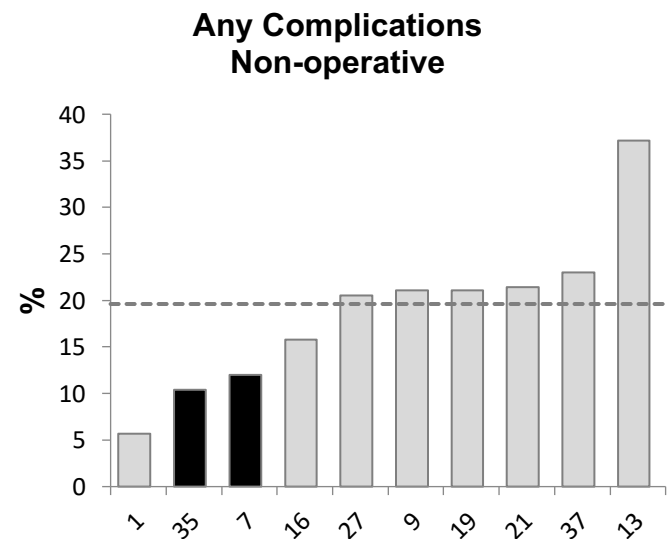
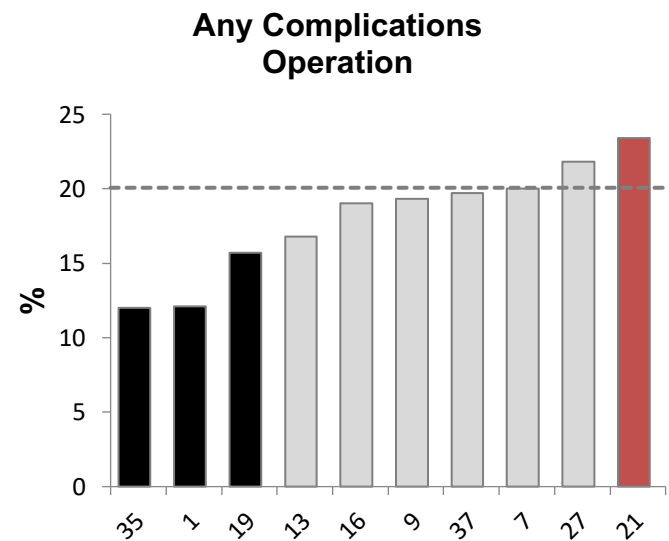
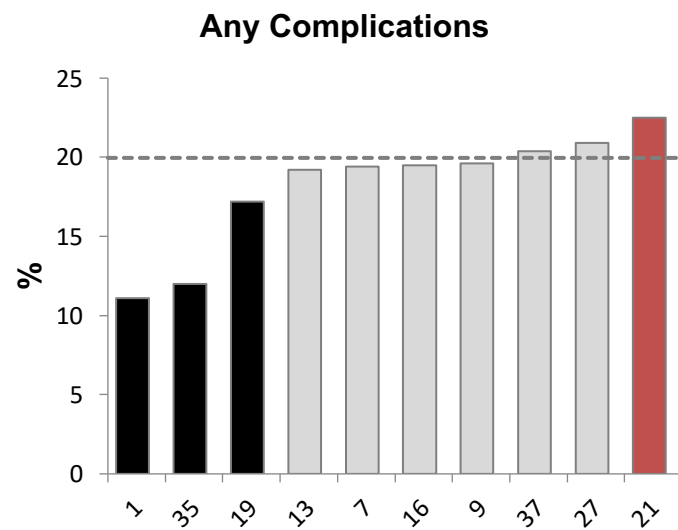
Example



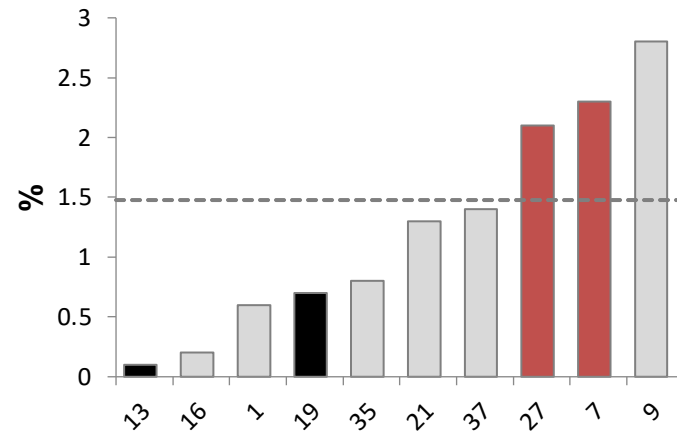
Summary Risk Adjustment

- ◆ Age (categorical)
- ◆ Sex
- ◆ Race
- ◆ Ethnicity
- ◆ Transfer
- ◆ Insurance type
- ◆ Disease
- ◆ AAST grade ≥ 3
- ◆ ASA score ≥ 3
- ◆ Operation
- ◆ Operation type
- ◆ Time to operation
- ◆ Perforation
- ◆ Ostomy
- ◆ IR procedure index admit
- ◆ Number of comorbid conditions
- ◆ BMI (categorical)
- ◆ Individual comorbid
- ◆ Risk ratio mortality
- ◆ Risk ratio any complication

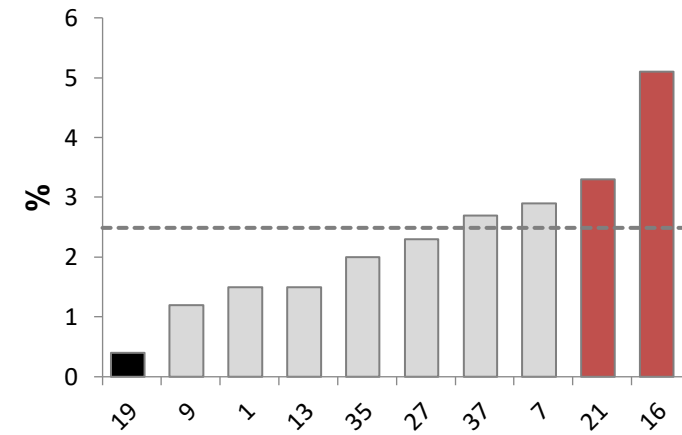
C-index = 0.961 to 0.610

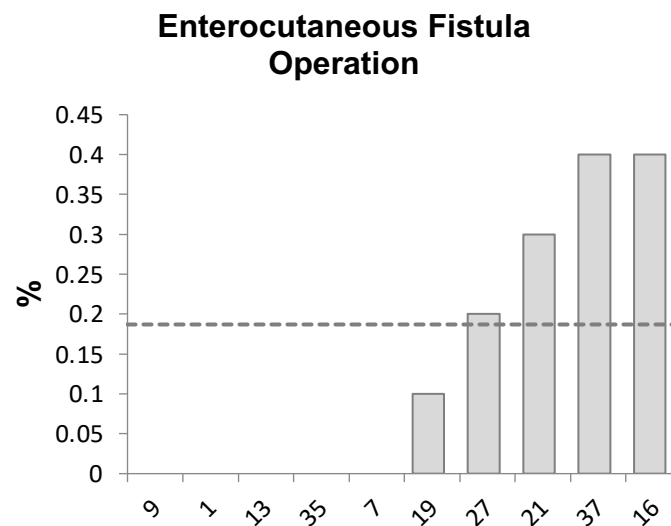
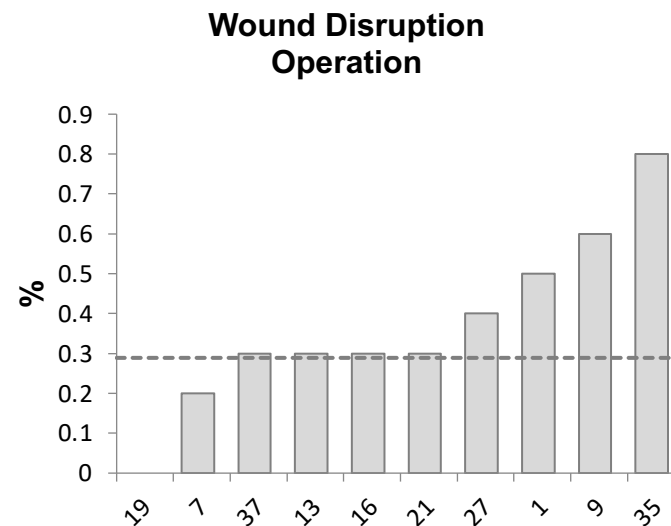
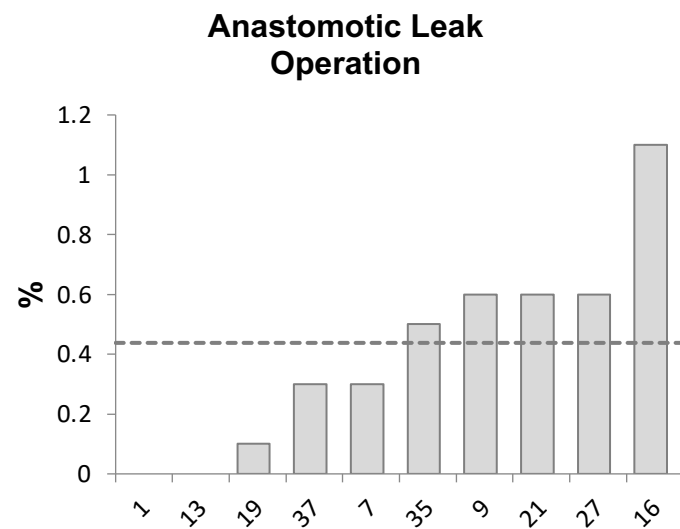


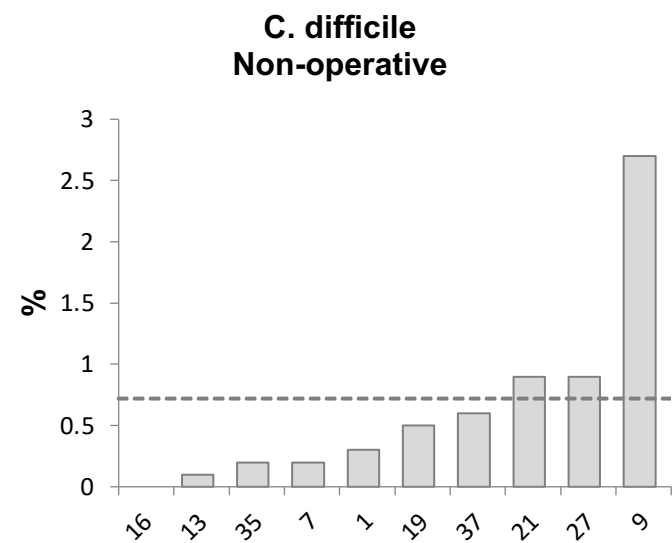
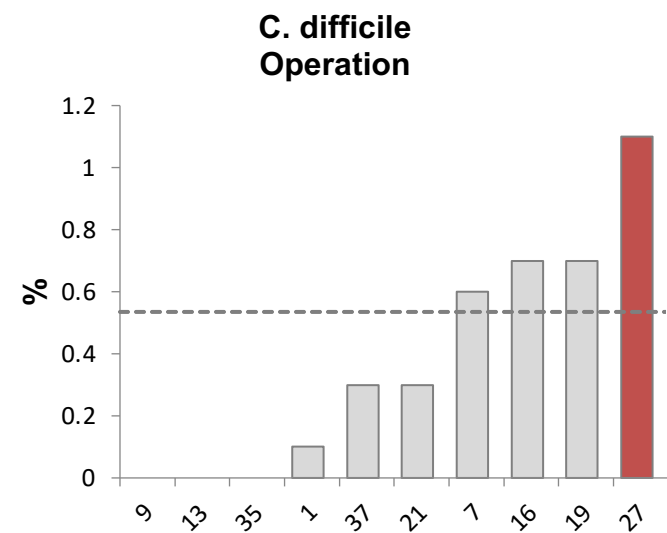
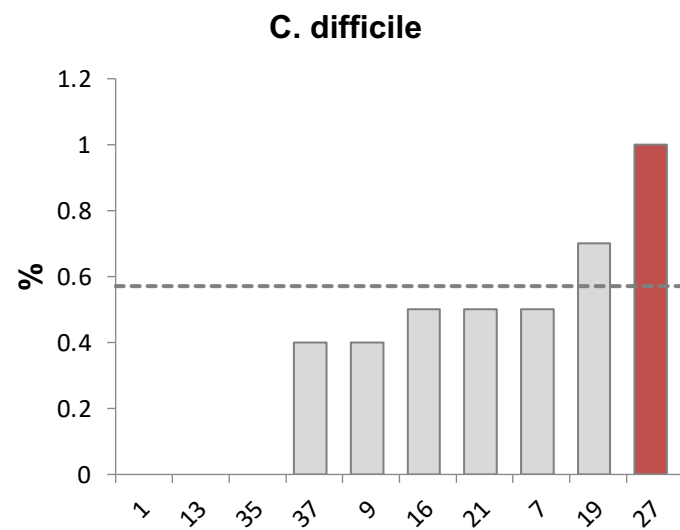
**Incisional SSI
Operation**

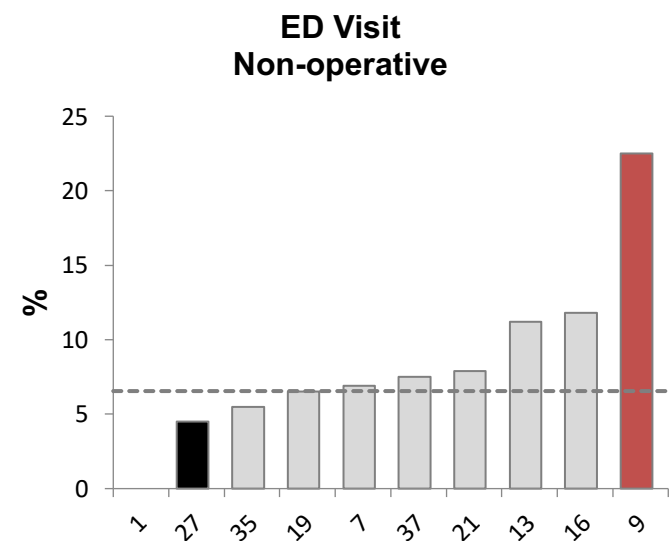
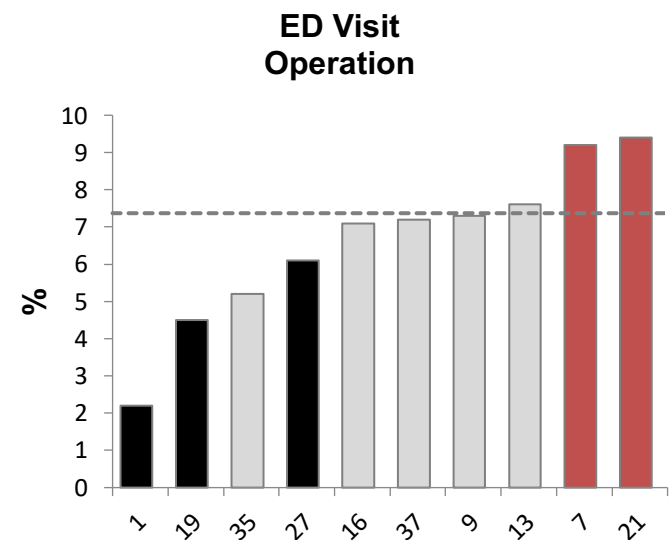
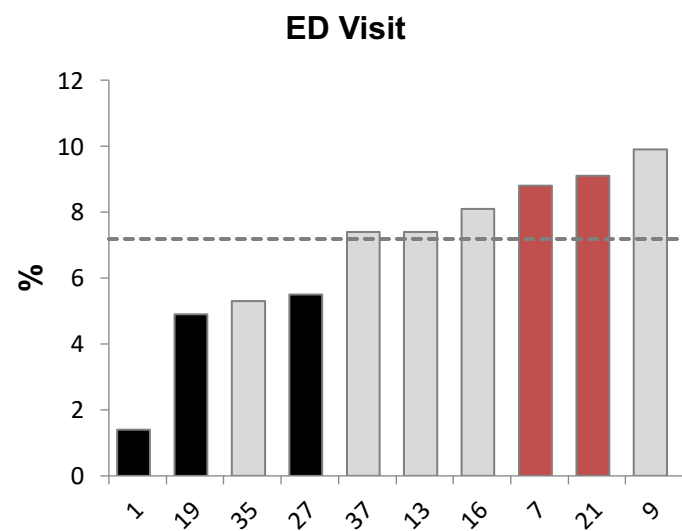


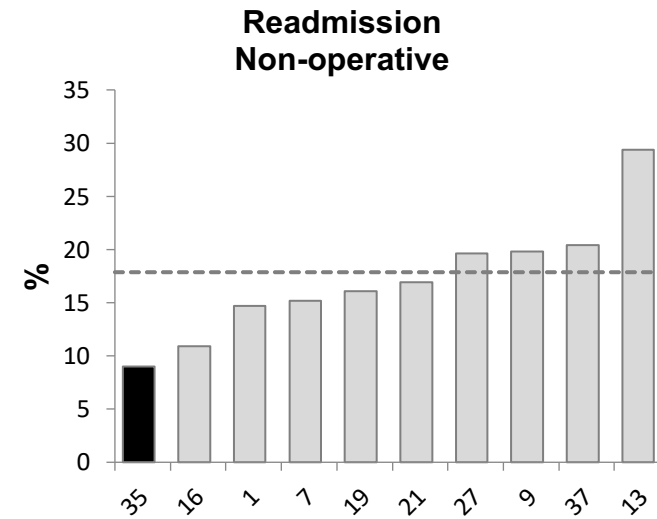
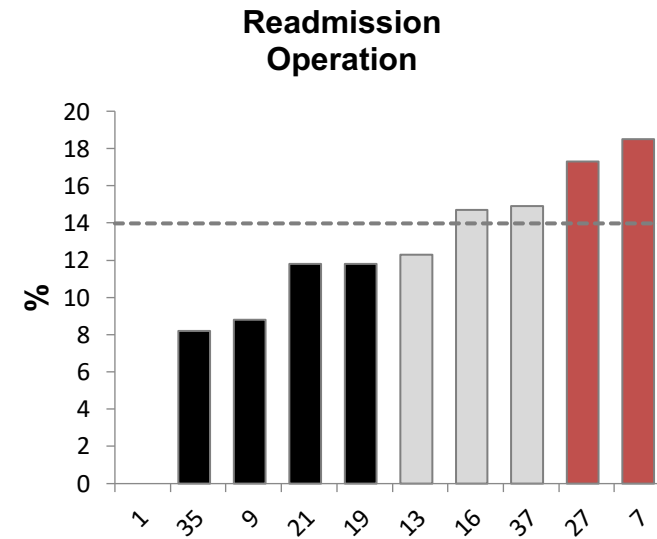
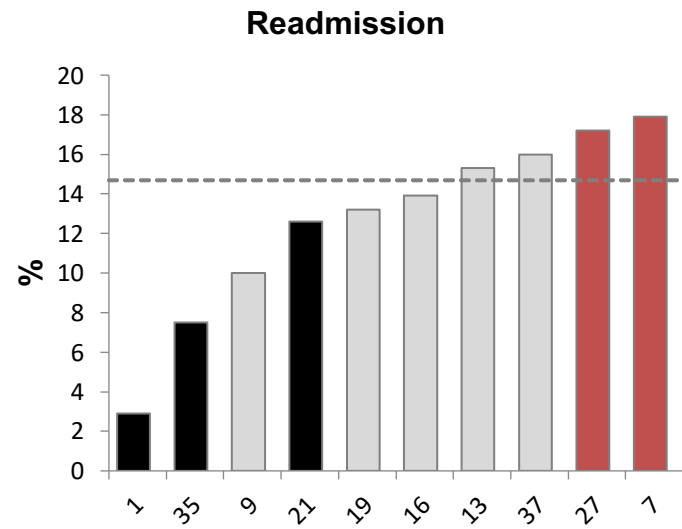
**Organ Space SSI
Operation**











Questions



Questions

Okay to roll-up diseases and outcomes in risk adjusted summary? Believable, or not?

Should any of the individual complications be excluded from any complications category? Example sepsis.

SBO

- ◆ 10 Hospitals
- ◆ 2,458 Index cases of SBO
- ◆ 3,043 cases total
 - Index or readmission
 - 1 or >1 readmission - 19%

SBO

- ◆ Point of Entry
 - ED= 81%
 - OSH ED = 13%
 - OSH = 2.1%
- ◆ Cause
 - Adhesive (SBO) = 89%
 - Other = 11% (Other, Malignancy, Crohn, Vascular)
- ◆ Operative
 - All = 35%

SBO (clean) - Adhesive

- ◆ Prior SBO = 35% (568/1582)
 - Operation = **19%** (109/568)
 - Number prior SBO admissions
 - ◆ 1 = 32%
 - ◆ 2 = 12%
 - ◆ Multiple = 44%
- ◆ Gastrografin challenge = 44%
 - Positive to colon = 78%
 - ◆ Operation = 4%
 - Negative to colon = 22%
 - ◆ Operation = 42%

SBO (clean) - Adhesive

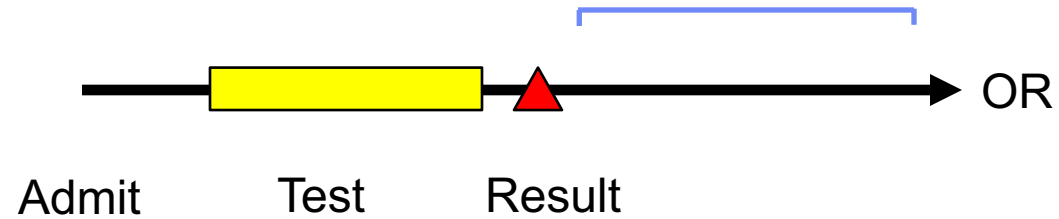
- ◆ No Prior SBO = 65%
 - Operation = **40%**
- ◆ Gastrografin challenge = 41%
 - Positive to colon = 76%
 - ◆ Operation = 6%
 - Negative to colon = 24%
 - ◆ Operation = 54%
- ◆ No Gastrografin challenge = 59%
 - Operation = 55%

SBO Gastrografin (All)

Time to gastro challenge	Gastro result		
	Positive colon	725	75.4
	Negative colon	196	20.4
	Other	41	4.3
	Time to OR from Gastro, hours		
	Mean \pm Standard deviation	58.1	± 197.9
	Median (25th — 75th percentiles)	26.1	(12.9—54.7)
	Time to OR without Gastro, hours		
	Mean \pm Standard deviation	32.9	± 64.7
	Median (25th — 75th percentiles)	10.4	(6.0—34.7)
	Time to OR with Gastro, hours		
	Mean \pm Standard deviation	105.6	± 198.2
	Median (25th — 75th percentiles)	66.8	(40.1—111.5)

Gastrografin

- ◆ Adhesive disease
- ◆ No Prior SBO



- ◆ Test Yes or No
- ◆ Times to
- ◆ Results
- ◆ Standardize timing and protocol?

SBO Type Operation (Clean/Adhesive)

SCOAP Mean for Lap = 40%

center	Conversion				Total
	Open	Laparosco	Lap to Open	Robotic	
37	67 73.63	17 18.68	7 7.69	0 0.00	91 100.00
9	7 38.89	9 50.00	2 11.11	0 0.00	18 100.00
1	32 71.11	10 22.22	1 2.22	2 4.44	45 100.00
13	8 61.54	2 15.38	3 23.08	0 0.00	13 100.00
35	12 60.00	6 30.00	2 10.00	0 0.00	20 100.00
16	7 63.64	3 27.27	1 9.09	0 0.00	11 100.00
21	105 70.47	26 17.45	18 12.08	0 0.00	149 100.00
7	133 87.50	11 7.24	8 5.26	0 0.00	152 100.00
19	40 64.52	15 24.19	7 11.29	0 0.00	62 100.00
27	122 89.05	7 5.11	8 5.84	0 0.00	137 100.00
Total	533 76.36	106 15.19	57 8.17	2 0.29	698 100.00

Risk Adjustment

- ◆ Candidate Variables
- ◆ Outcomes
 - Mortality
 - Morbid
 - LOS
- ◆ Models
 - C-index .948 to .508
 - Most are .9 to .7's

Patient Characteristics

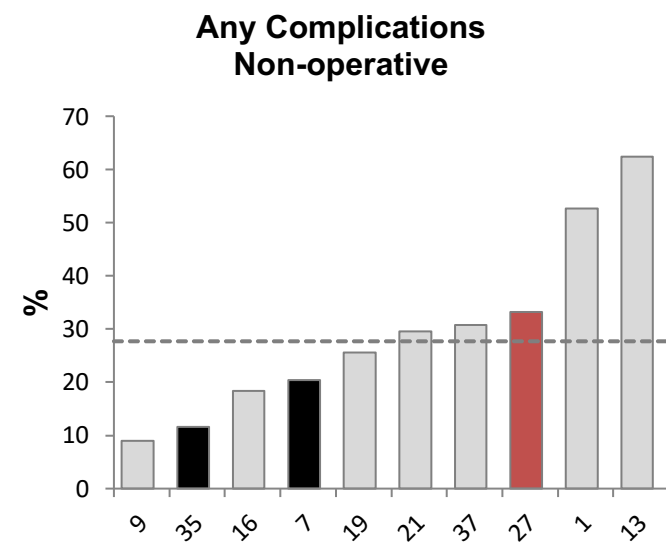
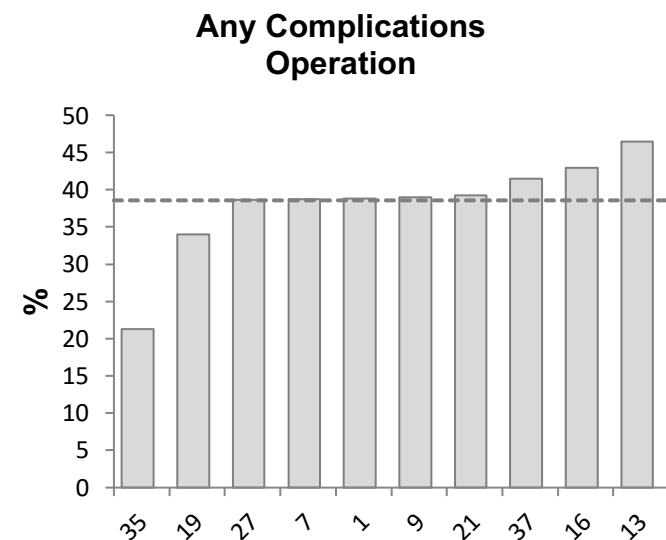
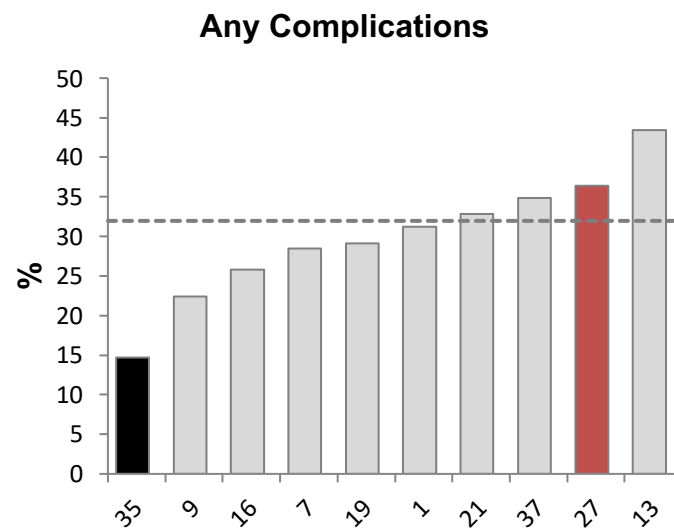
- ◆ Age
- ◆ Sex
- ◆ Race
- ◆ Ethnicity
- ◆ ASA Class
- ◆ Transfer In
- ◆ BMI
- ◆ Prior SBO
- ◆ Type SBO (Adhesive, Crohn, Vasc, Malig, Other)

Comorbidities

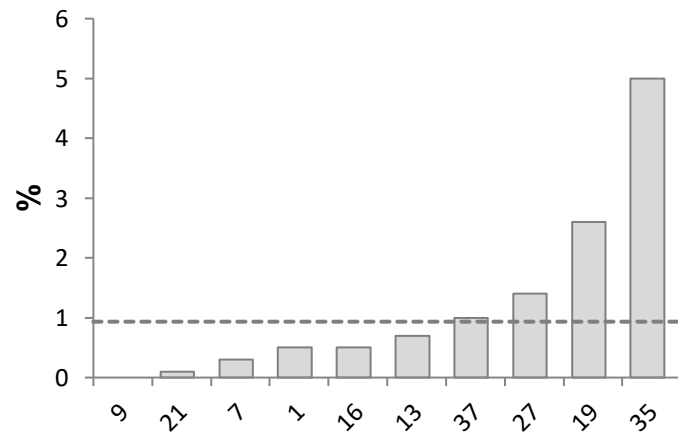
- ◆ Number Comorbidities
- ◆ FDHS
- ◆ Hypertension
- ◆ Transplant
- ◆ Sleep Apnea
- ◆ CHF
- ◆ DVT or PE
- ◆ Diabetes
- ◆ Disseminated Cancer
- ◆ Tobacco
- ◆ COPD
- ◆ Ascites
- ◆ Vent Dependent
- ◆ COVID
- ◆ Dialysis
- ◆ Sepsis

Special

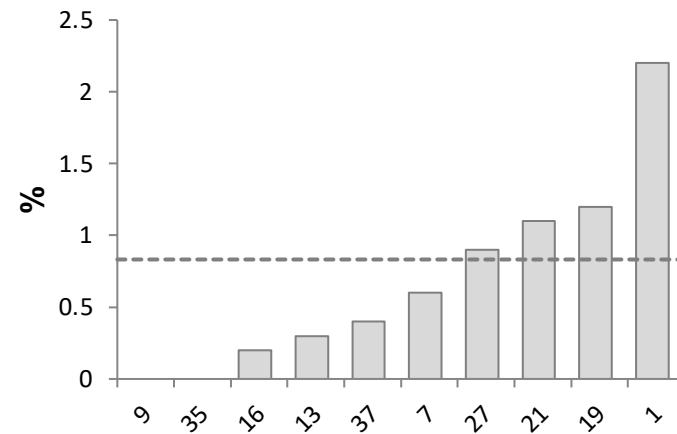
- ◆ IR procedure at index
- ◆ Operation at Index
- ◆ Operation Type
- ◆ Time to Operation
- ◆ Conversion
- ◆ Risk ratio Any Complication
- ◆ Risk ratio Death
- ◆ Risk ratio Readmit



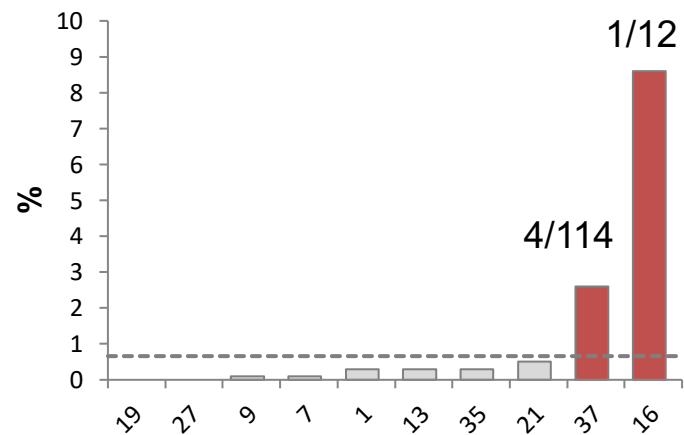
**Anastomotic Leak
Operation**

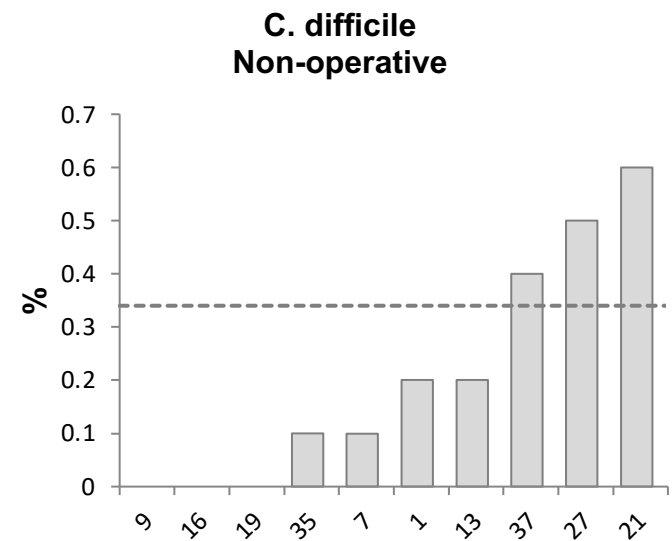
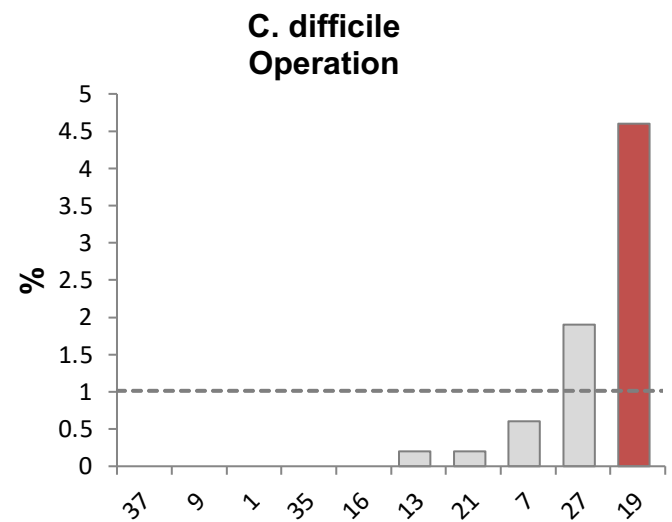
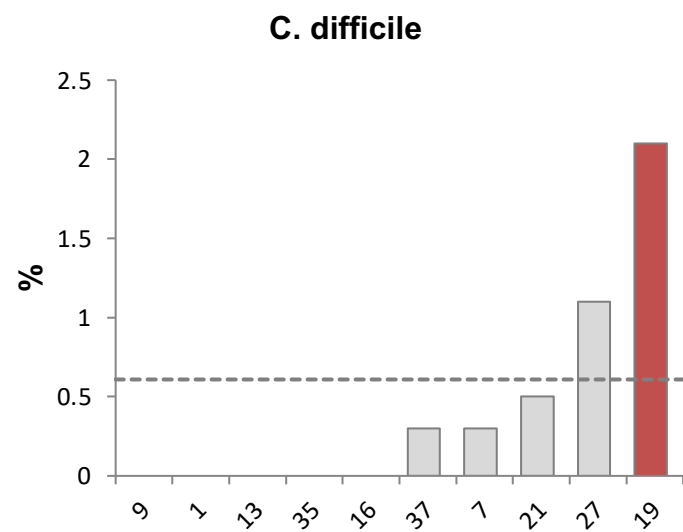


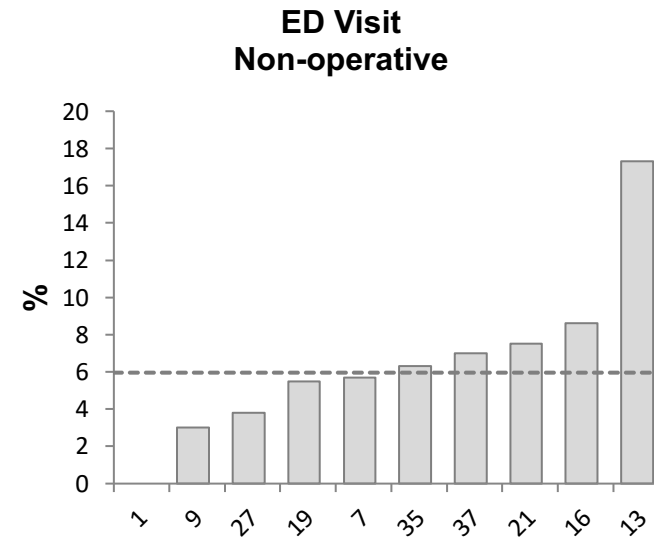
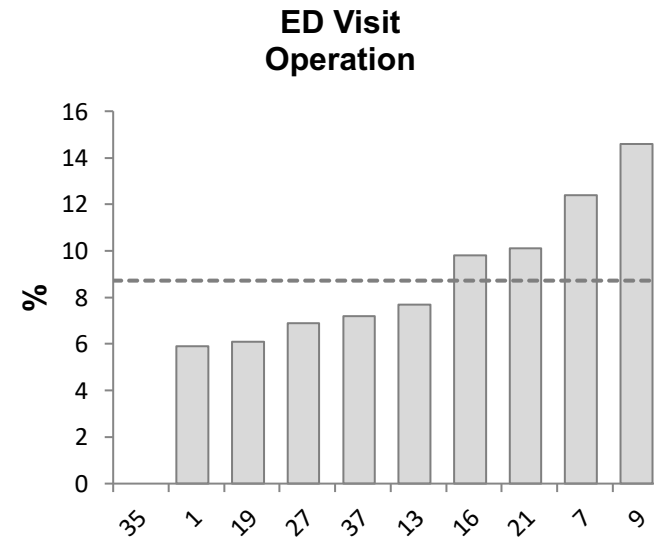
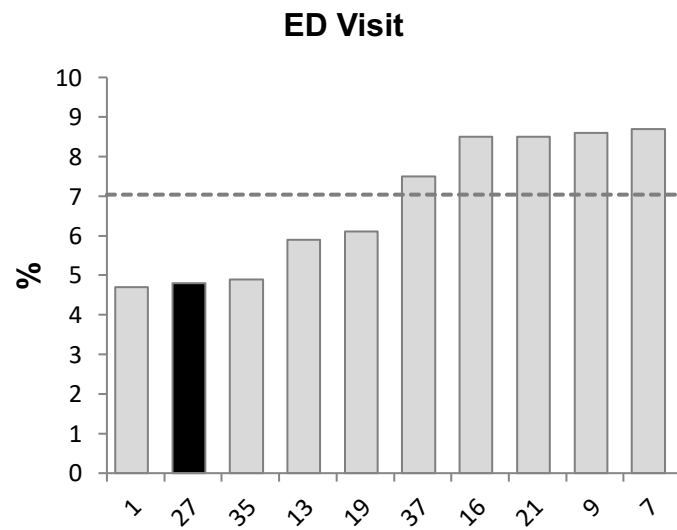
**Wound Disruption
Operation**

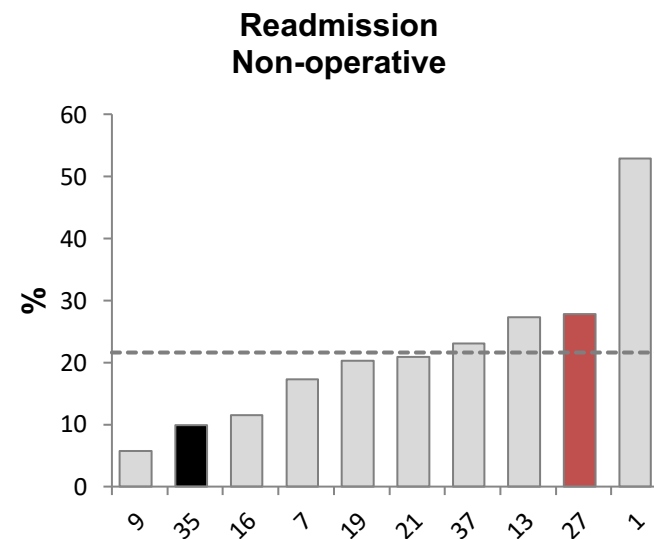
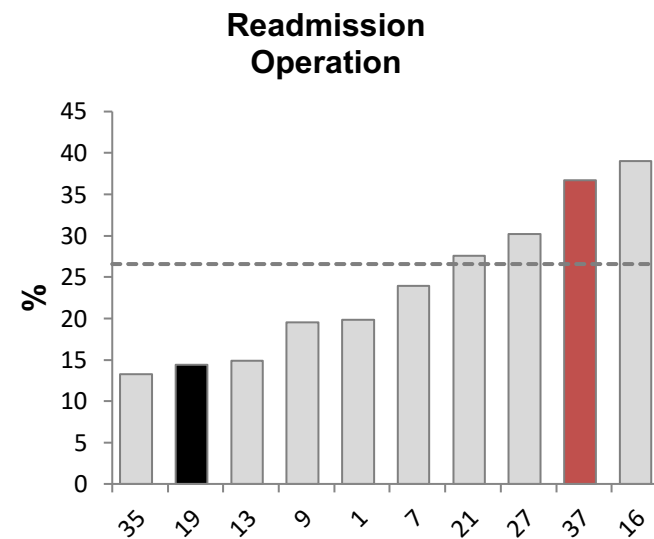
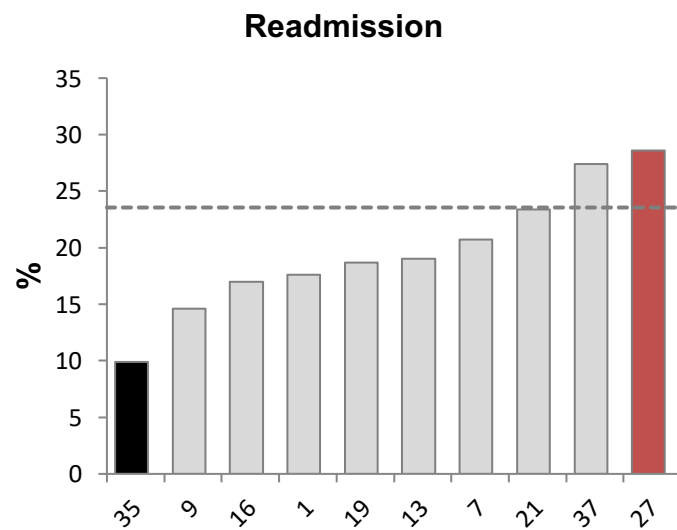


**Enterocutaneous Fistula
Operation**

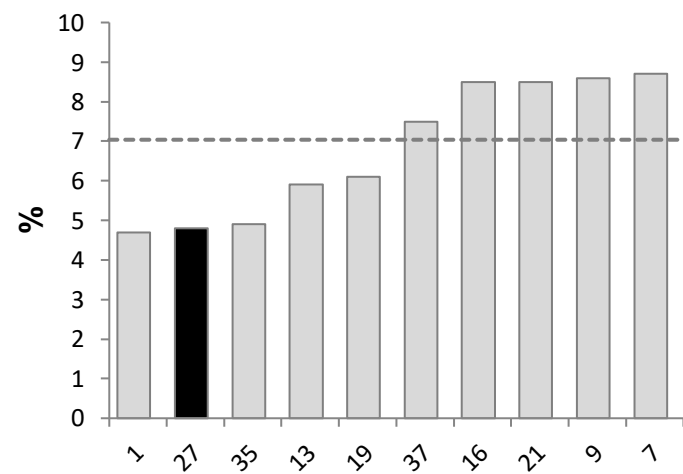




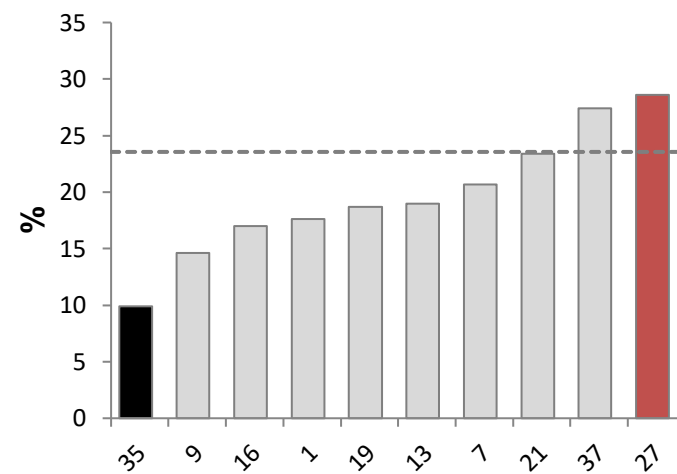




ED Visit

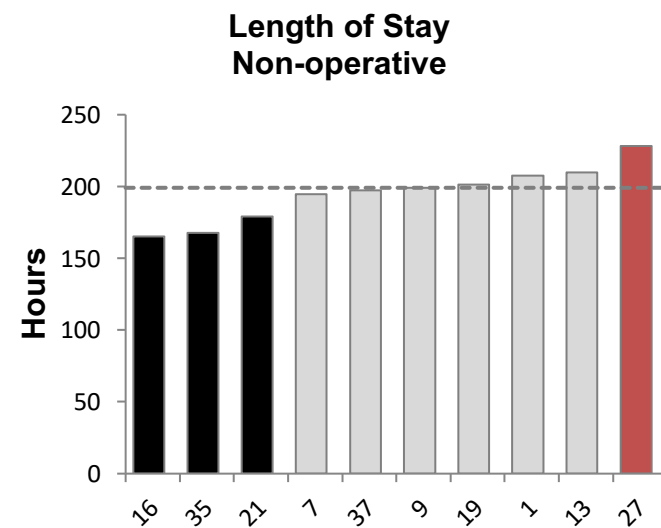
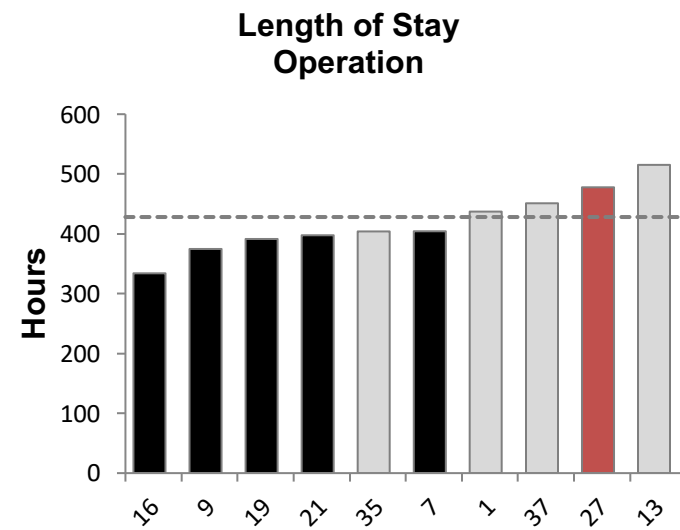
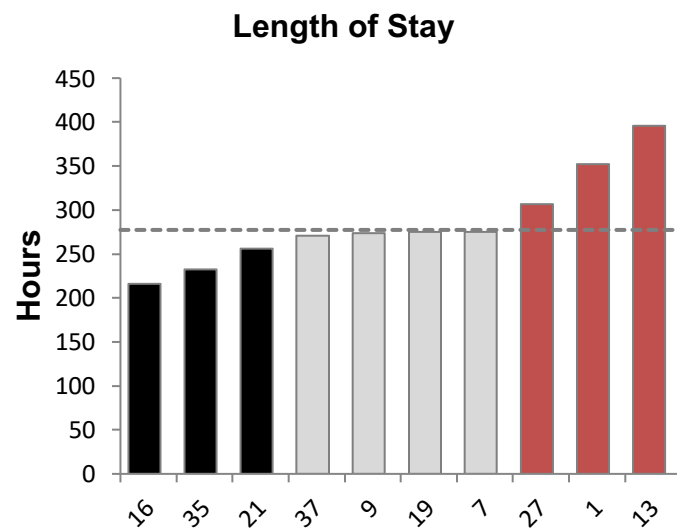


Readmission



(max) readmit_num _sbo	Freq.	Percent	Cum.
2	305	70.28	70.28
3	82	18.89	89.17
4	25	5.76	94.93
5	10	2.30	97.24
6	5	1.15	98.39
7	2	0.46	98.85
8	1	0.23	99.08
9	1	0.23	99.31
10	3	0.69	100.00
Total	434	100.00	

.



SCOAP Data (Adhesive Disease)

- ◆ Admit Service
 - Medicine
 - Surgery
 - Operation or no-operation
 - Medicine non-op ↑, Medicine operate ↓
- ◆ Type operation
 - Open, Lap, Lap to open
 - Findings and conduct (lysis, SBR)
- ◆ Gastrografin challenge
 - 50-55%

SCOAP Data (Adhesive Disease)

- ◆ LOS
 - 5 days
 - 120 hrs
 - MACS Mean 277, Median 87 hrs
- ◆ Readmit
 - 10-12%, 30 day
 - MACS 23%
- ◆ Gastrografin challenge
 - 50-55%

What is an episode of care?

- ◆ SBO Non-op
 - Subsequent Readmit or ED visit
 - Multiple ?
 - Role of an operation ?
- ◆ SBO Operative
 - Subsequent Readmit or ED visit
 - Another operation ?
- ◆ Clock
 - Duration ? 6 mo, 12 mo, etc.
 - When to reset index
 - ◆ Time
 - ◆ Intervention

Questions



Questions

Interest in data from another collaborative?

Focus on no prior SBO and adhesive disease?

Standardize Gastrografin challenge?

Laparoscopic approach? Admit service?



Michigan Acute Care Surgery Report

Appendicitis • 27 • 7/1/2019-3/4/2022

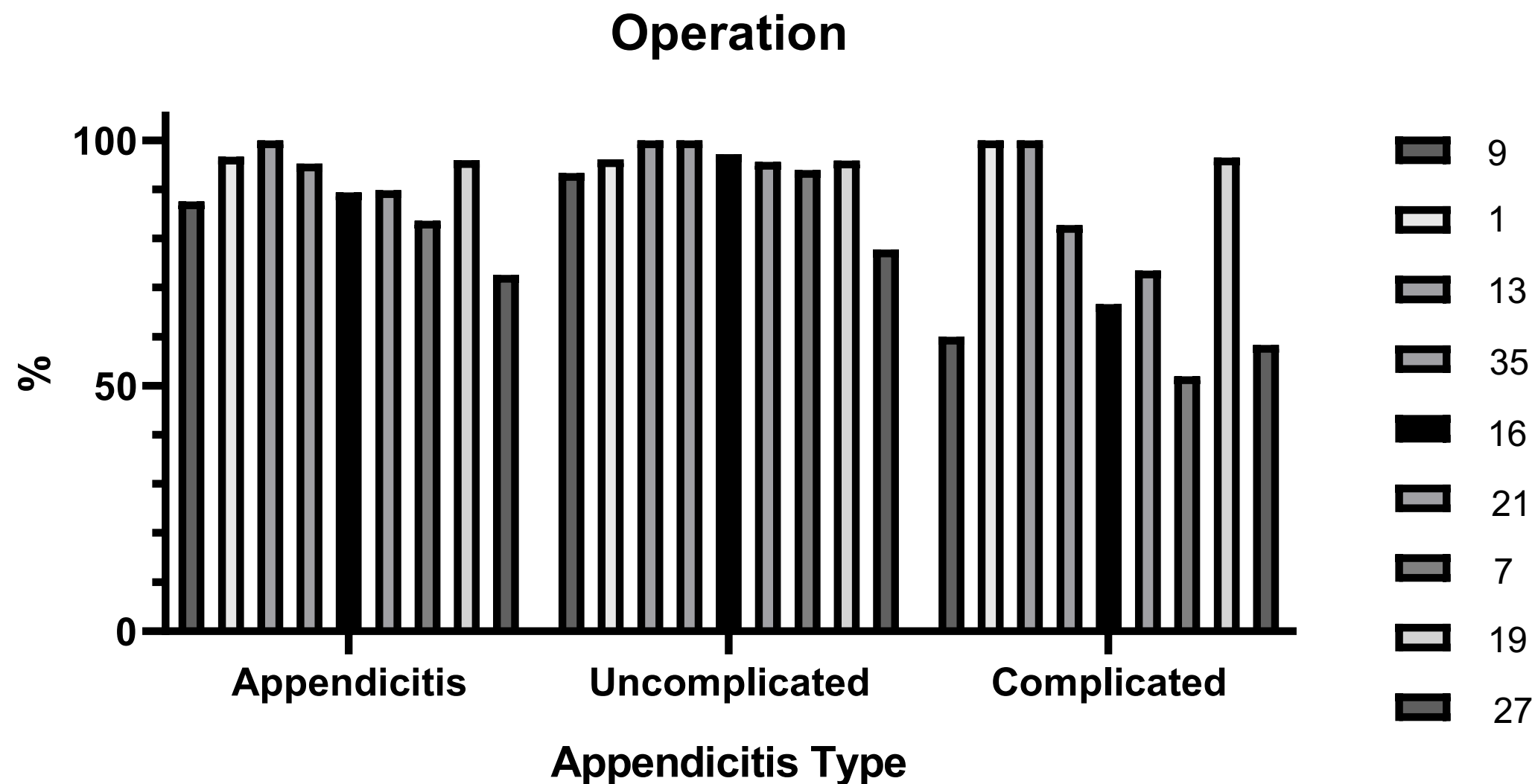
<u>Index Admission</u>		Your Center N = 588		Aggregate N = 3188	
<u>Variable</u>		<u>N</u>	<u>%</u>	<u>N</u>	<u>%</u>
Total Cases	Index Admissions	588	18.4	3188	100.0
	Total Admissions (with Readmissions)	655	18.9	3463	100.0
Management	Total cases	588	100.0	3188	100.0
	Operation	425	72.3	2754	86.4
	Non-operative	163	27.7	434	13.6
AAST Grade	AAST grade in operative patients				
	1	300	70.6	1942	70.5
	2	31	7.3	226	8.2
	3	42	9.9	300	10.9
	4	34	8.0	141	5.1
	5	8	1.9	93	3.4
	NA	6	1.4	47	1.7

Acute Appendicitis

- ◆ Age (categorical)
- ◆ Sex
- ◆ Race
- ◆ Ethnicity*
- ◆ AAST grade ≥ 3 *
- ◆ ASA score ≥ 3 *
- ◆ Number of comorbid conditions
- ◆ Time to operation*
- ◆ Perforation*
- ◆ BMI (categorical)*
- ◆ Operation type*
- ◆ Insurance type*
- ◆ IR procedure index admit*

C-index = 0.863 to 0.624

Acute Appendicitis



Index

Uncomplicated

Complicated

Operation

What patients?
Why?

What patients?
Why? Why not?

No
Operation

What patients?
Why?
No interval appendectomy

What patients?
Why?
Interval appendectomy?
Workup? For what age?

Acute Appendicitis

- ◆ Type
 - Uncomplicated 76%
 - Complicated 24%
- ◆ Perforation - 27% (853 patients)
 - Operation – 70%
 - Non-op – 30% > 254 patients



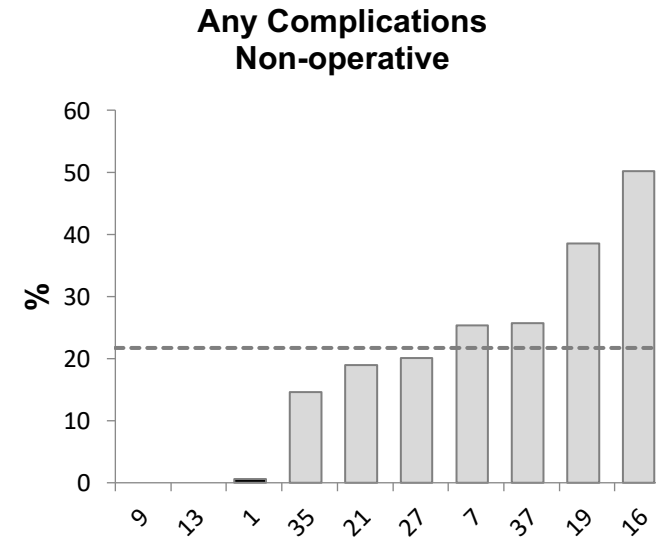
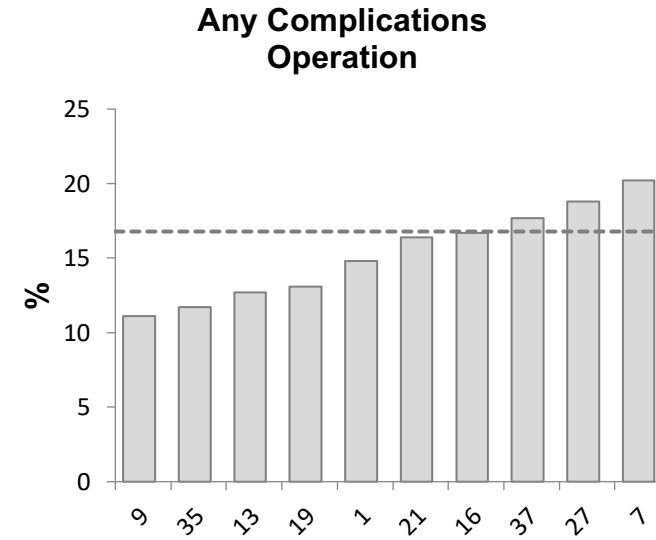
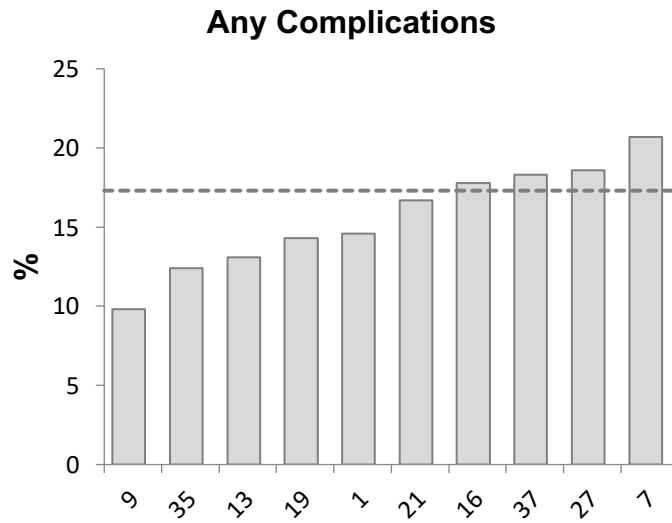
Acute Appendicitis - Medical Management

- ◆ Medical management = 13.7%, 438 patients
- ◆ 17 failed and got operation index = 3.9%
- ◆ 12 months
 - 109 failed and got operation = 24.9%
- ◆ 24 months and 36 months
 - 110 failed and got operation = 25.1%
 - Probably just about to 2 years on Qualtrics data
- ◆ IV Abx Mean 3.1, Median 3 days
- ◆ po Home Abx Mean 9.1, Median 10 days

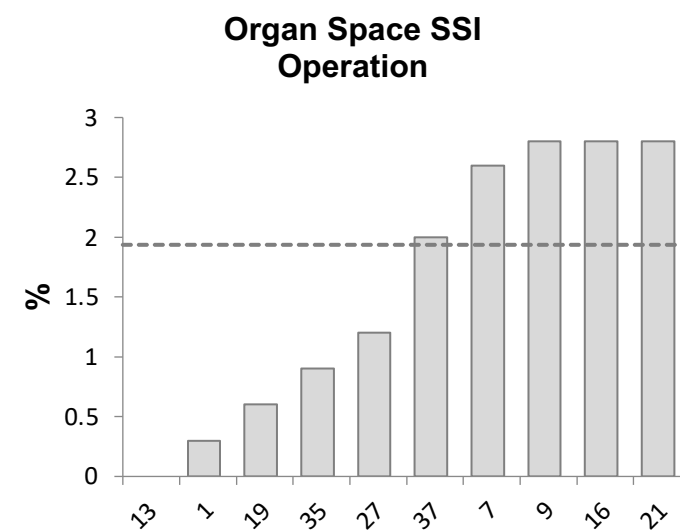
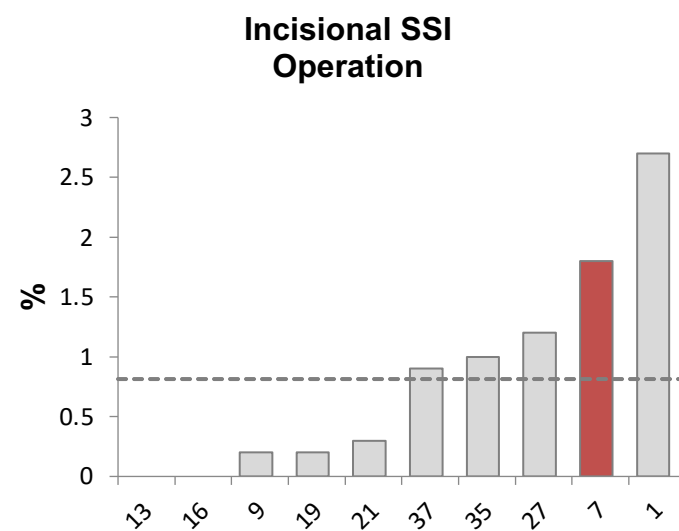
Acute Appendicitis - Medical Management

- ◆ Do you have to admit patient?
- ◆ IV or po antibiotic initially?

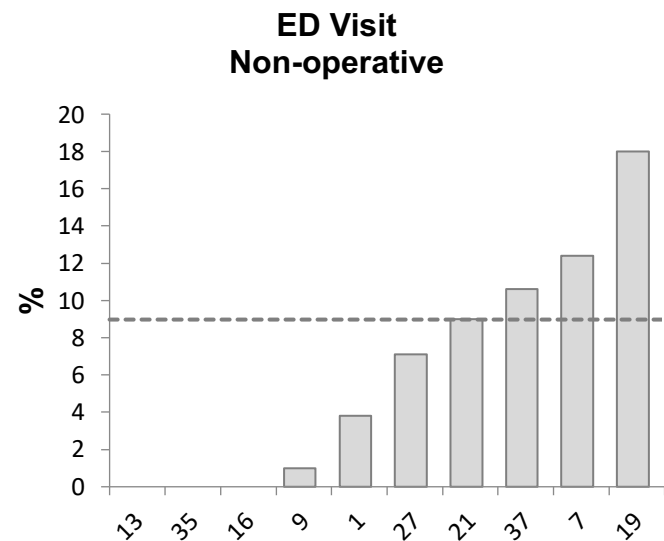
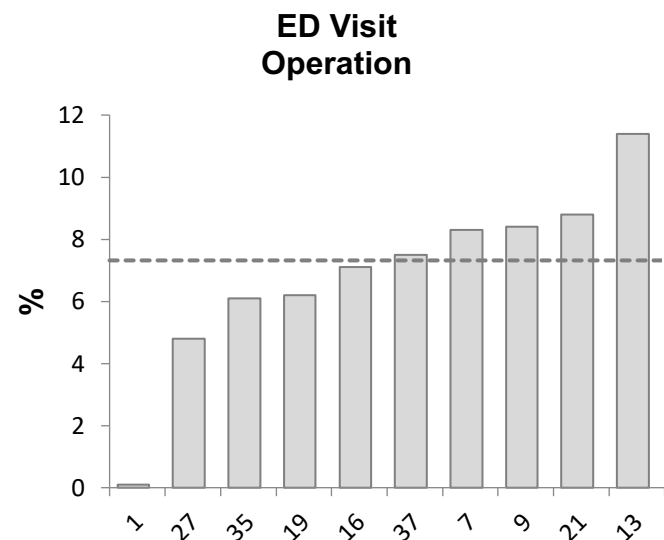
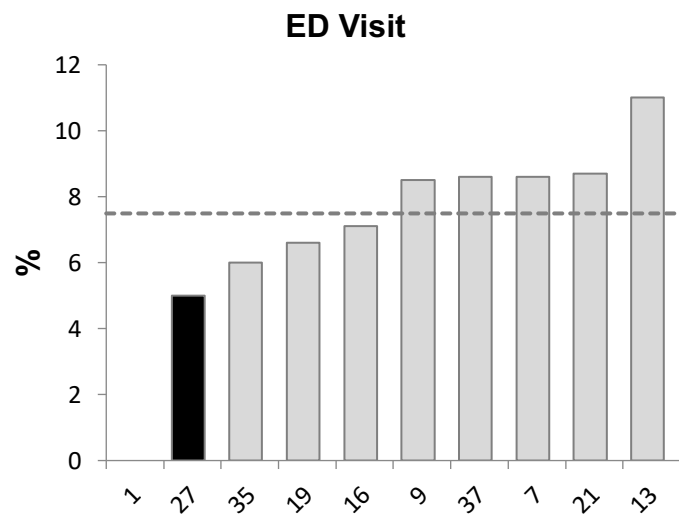
Risk Adjusted Outcomes



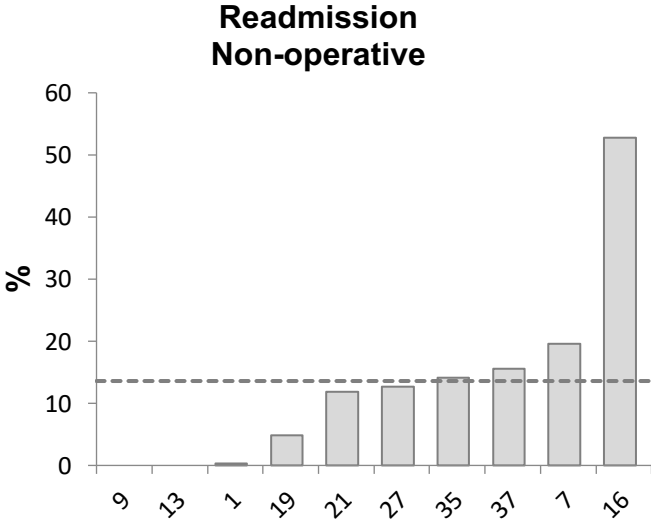
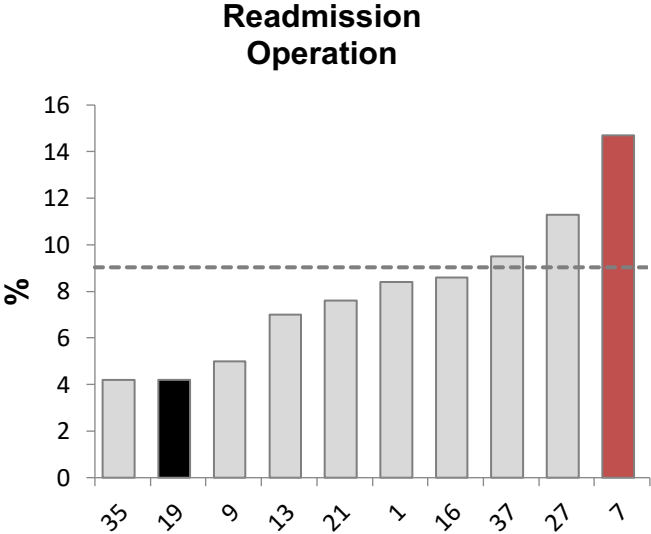
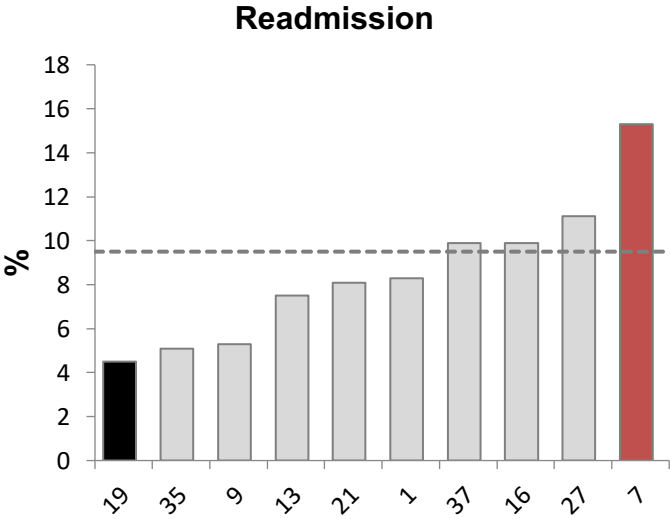
Risk Adjusted Outcomes



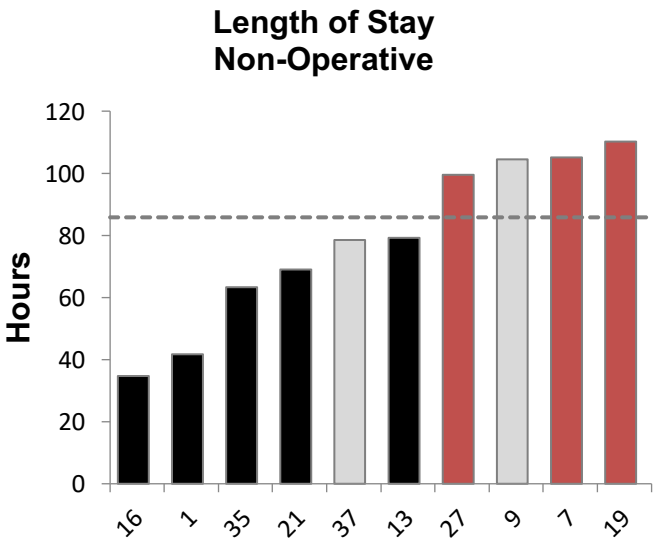
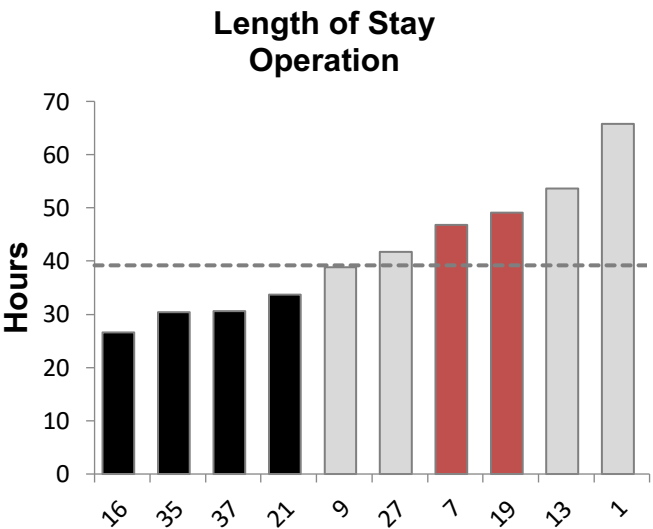
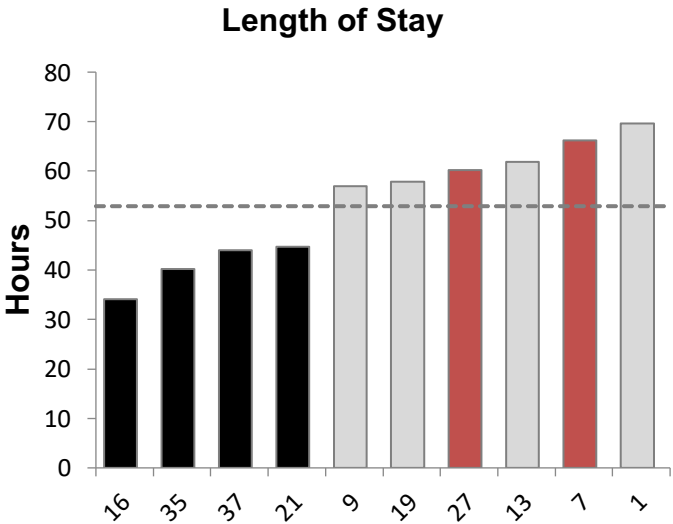
Risk Adjusted Outcomes



Risk Adjusted Outcomes



Risk Adjusted Outcomes



Acute Appendicitis – Index with Readmission (3,188 admits)

◆ Outcomes

- Readmission = 9.5% (304 pts)
- Any complication = 17.3% (552 pts)
- Incisional SSI = 0.8% (23 pts)
- Organ space SSI = 1.9% (55 pts)
- Sepsis = 1.3% (42 pts)
- Post-discharge ED visit = 7.5% (239 pts)
- Mortality = 0.3% (9 pts)

Acute Appendicitis – Outcomes

	All		Perforated Op		Perforated Non Op	
	N	%	N	%	N	%
Any Complication	552	17.3	161	24.2	45	23.3
Incisional SSI	23	0.7	11	1.7	0	0.0
Organ space SSI	55	1.7	38	5.7	1	0.5
Sepsis	42	1.3	21	3.2	6	3.1
Post-discharge ED visit	239	7.5	58	8.7	19	9.8
Readmission	304	9.5	131	19.7	27	14.0
Mortality	9	0.3	4	0.6	1	0.5

Questions



Break

Back at 12:45p

Current Controversies in the Management of Acute Appendicitis



John W. Scott, MD, MPH

Division of Acute Care Surgery,

Department of Surgery, University of Michigan

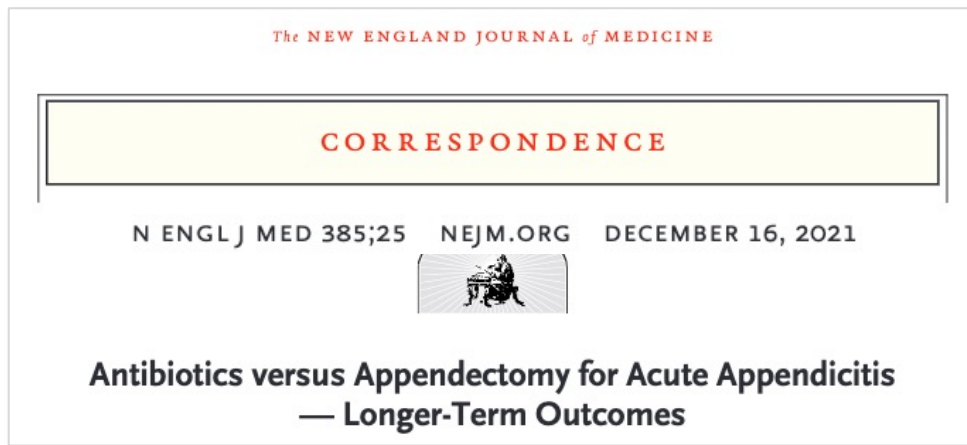
Two questions for discussion today:

- **What is the current state of non-operative management for patients presenting with acute appendicitis?**
 - Acute uncomplicated
 - Perforated appendicitis
- **Which patients should get an interval appendectomy after non-operative management?**
 - Acute uncomplicated
 - Perforated appendicitis

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CODA Trial has led to a rise in non-operative management of acute uncomplicated appendicitis



Approx. 1,500 pts with Acute Appendicitis

- Excluded: Abscess, severe phlegmon, free air, sepsis, concern for cancer

776 pts underwent appendectomy

776 pts received antibiotics only

Health-related quality of life at 30d:

- Antibiotics not inferior

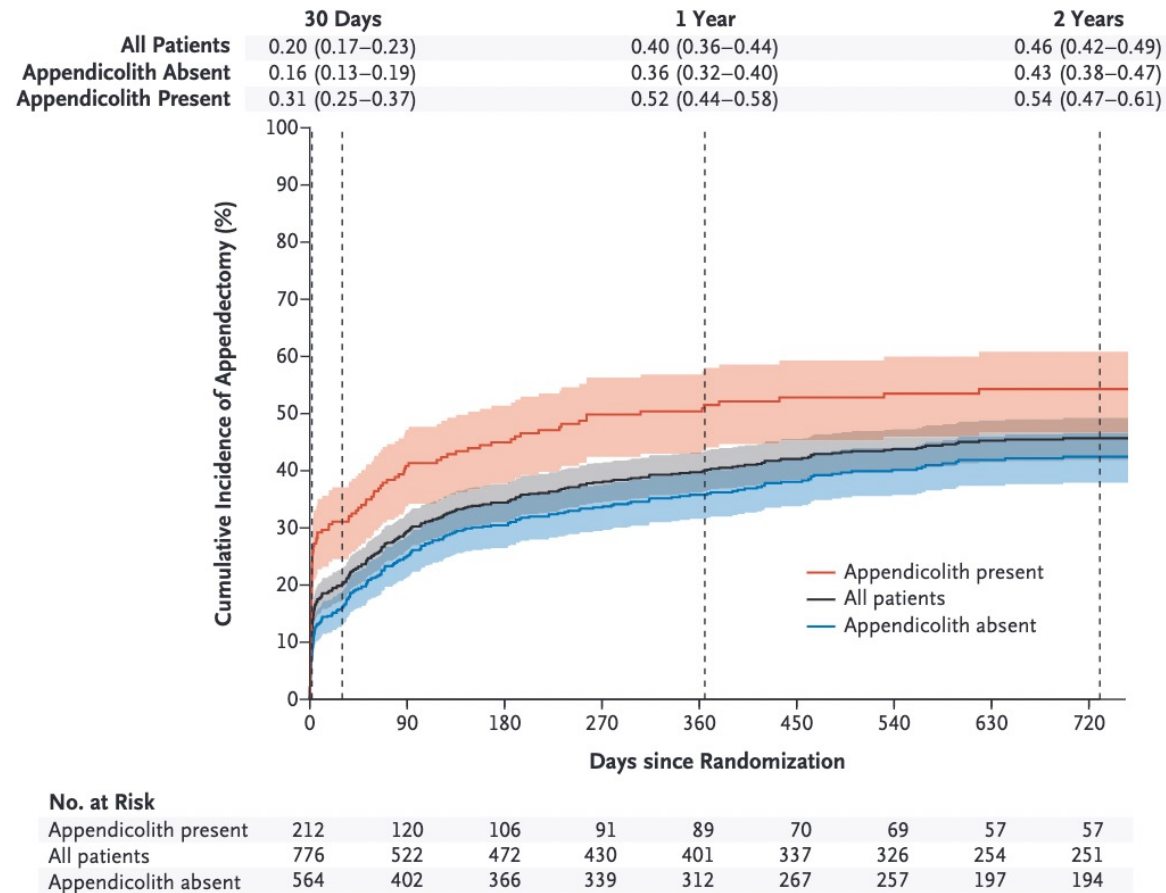
Days missed work in 90d:

- Antibiotics better (5d vs 8d)

Hospitalization within 90d from index treatment:

- Surgery better (5% vs 24%)

Debate regarding interpretation of the high rate of treatment failure after antibiotics only



Long-term outcome =

Eventual appendectomy among those initially randomized to antibiotics

All patients

30days = 20%

1 year = **40%**

2 years = 45%

3+ yrs = **50%**

Fecolith present

30days = 30%

1 year = **50%**

2 years = 55%

Figure 1. Cumulative Incidence of Appendectomy among Patients in the Antibiotics Group, According to the Presence or Absence of an Appendicolith.

Brief overview of 20 months of MACS data

INCIDENCE OF NON-OPERATIVE MANAGEMENT in MACS

Among **all** 3,188 index admissions for appendicitis

- **14%** get antibiotics only (28% at 27, a CODA study site)

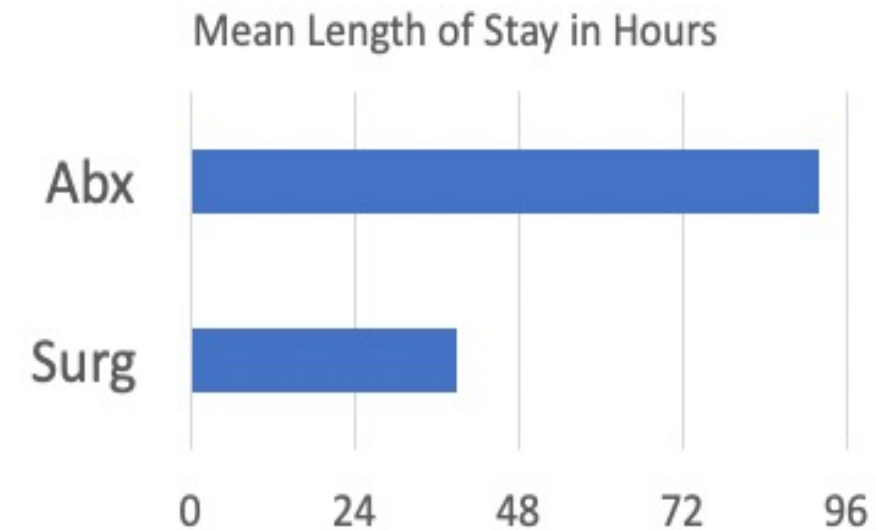
Among 2,418 pts with **UNCOMPLICATED appendicitis**

- **8%** antibiotics only (22% at 27)

Among 853 pts with **PERFORATED appendicitis**

- **30%** antibiotics only (40% at 27)

SELECTED OUTCOMES:



Interval appendectomy w/in 12m = **25%**

M•ACS

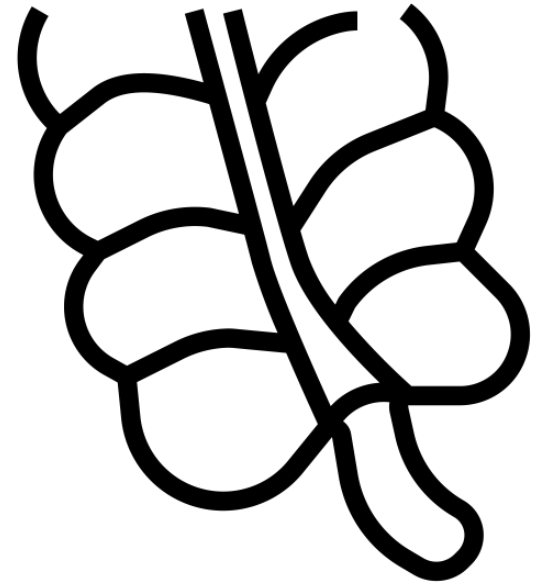
Michigan Acute Care Surgery Report
Appendicitis • 27 • 7/1/2019-3/4/2022

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Consensus is lacking on indications for interval appendectomy after non-operative management

- **Issue #1**: Two different **indications** for interval appendectomy
 - Reduce risk of occult neoplasm
 - Reduce risk of future episode of acute appendicitis
- **Issue #2**: **Perforated** vs non-perforated are distinct clinical entities
 - Regarding their risk of occult neoplasm
 - Regarding the rationale for non-operative management at index presentation




The rate of occult neoplasm is higher in patients with complicated appendicitis, and increases with age

THE SURGEON 19 (2021) E549–E558

Risk of appendiceal neoplasm after interval appendectomy for complicated appendicitis: A systematic review and meta-analysis

Roberto Peltrini ^{a,*}, Valeria Cantoni ^b, Roberta Green ^b, Ruggero Lionetti ^a, Michele D'Ambra ^a, Carolina Bartolini ^a, Marcello De Luca ^a, Umberto Bracale ^b, Alberto Cuocolo ^b, Francesco Corcione ^a

^a Department of Public Health, University of Naples Federico II, Naples, Italy
^b Department of Advanced Biomedical Sciences, University of Naples Federico II, Naples, Italy



Teixeira et al. *World Journal of Emergency Surgery* (2017) 12:12
 DOI 10.1186/s13017-017-0122-9

World Journal of
Emergency Surgery

REVIEW **Open Access**

Acute appendicitis, inflammatory appendiceal mass and the risk of a hidden malignant tumor: a systematic review of the literature

Frederico José Ribeiro Teixeira Jr¹, Sérgio Dias do Couto Netto^{2,3,6*}, Eduardo Hiroshi Akaishi⁴, Edivaldo Massazo Utiyama⁵, Carlos Augusto Metidieri Menegozzo⁷ and Marcelo Cristiano Rocha⁸



Neoplasm Incidence in Interval Appendectomy after Complicated Appendicitis (Abscess, Perforation, etc)

Furman et al	5 / 17	29%
Cerame et al.	56 / 192	29%
Carpenter et al	5 / 18	28%
Son et al	14 / 111	13%
Wright et al.		12%
Mallinen et al.		12%
de jonge et al.		11%
Deelder et al.		10%
Lai et al.		10%
Tingstedt et al.	3 / 30	10%
Roberts et al	4 / 41	10%
Mima et al.	4 / 47	9%
Al-Kurd et al.	6 / 106	6%

Pooled 137 / 929 15%

15%
(5-30%)

High-quality RCT for Interval Appy vs MRI follow-up among pts <60y was terminated early for high rate of neoplasm

Research

JAMA Surgery | Original Investigation

Risk of Appendiceal Neoplasm in Periappendicular Abscess in Patients Treated With Interval Appendectomy vs Follow-up With Magnetic Resonance Imaging

1-Year Outcomes of the Peri-Appendicitis Acuta Randomized Clinical Trial

Jari Mäkinen, MD; Tero Rautio, MD, PhD; Juha Grönroos, MD, PhD; Tuomo Rantanen, MD, PhD; Pia Nordström, MD, PhD; Heini Savolainen, MD, PhD; Pasi Ohtonen, MSc; Saja Hurme, MSc; Paulina Salminen, MD, PhD

IMPORTANCE The step after conservative treatment of periappendicular abscess arouses controversy, ranging from recommendations to abandon interval appendectomy based on low recurrence rates of the precipitating diagnosis to performing routine interval appendectomy owing to novel findings of increased neoplasm risk at interval appendectomy. To our knowledge, there are no randomized clinical trials with sufficient patient numbers comparing these treatments.

OBJECTIVE To compare interval appendectomy and follow-up with magnetic resonance imaging after initial successful nonoperative treatment of periappendicular abscess.

DESIGN, SETTING, AND PARTICIPANTS The Peri-Appendicitis Acuta randomized clinical trial was a multicenter, noninferiority trial conducted in 5 hospitals in Finland. All patients between age 18 and 60 years with periappendicular abscess diagnosed by computed tomography and successful initial nonoperative treatment from January 2013 to April 2016 were included. Data analysis occurred from April 2016 to September 2017.

INTERVENTIONS Patients were randomized either to interval appendectomy or follow-up with magnetic resonance imaging; all patients underwent colonoscopy.

MAIN RESULTS AND MEASURES The primary end point was treatment success, defined as an absence of postoperative morbidity in the appendectomy group and appendicitis recurrence in the follow-up group. Secondary predefined end points included neoplasm incidence, inflammatory bowel disease, length of hospital stay, and days of sick leave.

RESULTS A total of 60 patients were included (36 men [60%]; median [interquartile range] age: interval appendectomy group, 49 [18–60] years; follow-up group, 47 [22–61] years). An interim analysis in April 2016 showed a high rate of neoplasm (10 of 60 [17%]), with all neoplasms in patients older than 40 years. The trial was prematurely terminated owing to ethical concerns. Two more neoplasms were diagnosed after study termination, resulting in an overall neoplasm incidence of 20% (12 of 60). On study termination, the overall morbidity rate of interval appendectomy was 10% (3 of 30), and 10 of the patients in the follow-up group (33%) had undergone appendectomy.

CONCLUSIONS AND RELEVANCE The neoplasm rate after periappendicular abscess in this small study population was high, especially in patients older than 40 years. If this considerable rate of neoplasms after periappendicular abscess is validated by future studies, it would argue for routine interval appendectomy in this setting.

TRIAL REGISTRATION ClinicalTrials.gov identifier: NCT03013686

Author Affiliations: Author affiliations are listed at the end of this article.

Corresponding Author: Paulina Salminen, MD, PhD, Turku University Hospital, PO Box 52, 20520 Turku, Finland (paulina.salminen@tyks.fi).

Jama Surgery

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Figure. Flowchart of Trial Participants

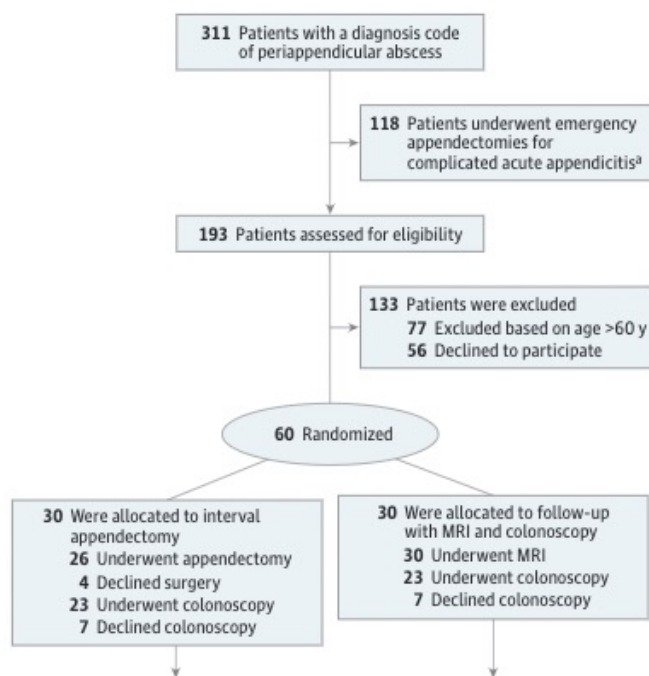


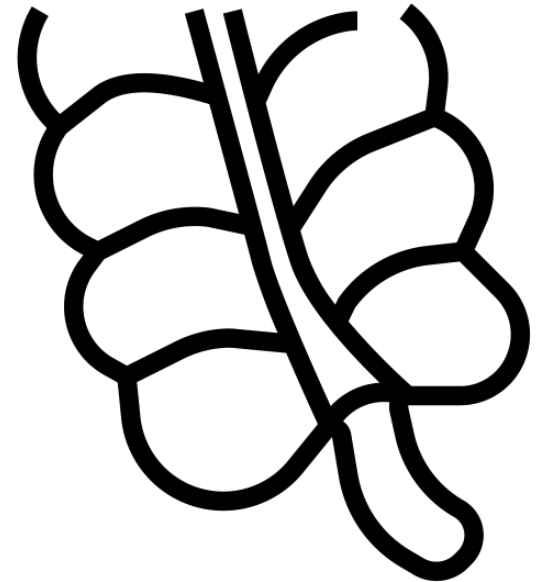
Table 4. Neoplasms Found in the Study Population

Patient Sex/Age, y	Reason for Intervention	Time to Intervention, d	Intervention	Histological Findings	Time to Secondary Intervention, d	Secondary Intervention
F/56	Allocated intervention	90	Appendectomy	LAMN and pseudomyxoma peritonei	156	Cytoreductive surgery and hyperthermic intraperitoneal chemotherapy
M/47	Allocated intervention	120	Appendectomy	LAMN	NA	Surveillance
M/59	Allocated intervention	134	Appendectomy	Sessile serrated adenoma	NA	Surveillance
M/59	Recurrent symptoms	329	Ileocecal resection	Adenocarcinoma of the appendix	378	Right hemicolectomy
M/59	Recurrent symptoms	18	Appendectomy	LAMN	98	Ileocecal resection
M/61	Recurrent symptoms	330	Appendectomy	Mucinous cystadenoma	NA	Surveillance
M/55	Recurrent symptoms	189	Appendectomy	Goblet cell carcinoid	252	Cytoreductive surgery and hyperthermic intraperitoneal chemotherapy
F/58	MRI tumor suspicion	199	Appendectomy	Sessile serrated adenoma	NA	Surveillance
F/53	CT tumor suspicion	171	Chemotherapy	Cecal adenocarcinoma and sessile serrated appendiceal adenoma	332	Right hemicolectomy (palliative)
M/61	Recommended	429	Appendectomy	LAMN	NA	Surveillance
F/41	Recommended	142	Appendectomy	LAMN	NA	Surveillance

- Study terminated early
- 18% of patients with some neoplasm (11/60)
- None under age 40

Consensus is lacking on indications for interval appendectomy after non-operative management

- **Issue #1**: Two different **indications** for interval appendectomy
 - Reduce risk of occult neoplasm
 - Reduce risk of future episode of acute appendicitis
- **Issue #2**: **Perforated** vs non-perforated are distinct clinical entities
 - Regarding their risk of occult neoplasm
 - Regarding the rationale for non-operative management at index presentation



Group Discussion: What is your current practice?

	Acute, <u>Un</u> complicated Appendicitis	<u>Complicated</u> (Abscess, Perforation, Severe Phlegmon)
Surgery at Index	<ol style="list-style-type: none">1. Which patients?2. Why Surgery?	<ol style="list-style-type: none">1. Which patients?2. Why Surgery?
Non-op at Index	<ol style="list-style-type: none">1. Why non-op?2. Who gets c-scope?3. Does anyone get IA?4. Work-up before IA?5. Age >30, >40, >50?	<ol style="list-style-type: none">1. Why non-op?2. Who gets c-scope?3. Who gets IA?4. Work-up before IA?5. Age >30, >40, >50?

IA = Interval Appy

Discussion Questions:

- Who gets **non-operative** management at index presentation?
- Who gets a **colonoscopy** after after non-op management?
- Who gets **interval appendectomy (IA)** after non-op management?
- What is the **rationale for IA**?
- Who gets a **repeat CT scan** prior to interval appendectomy?
- How does **age** impact your decision making? Any cutoffs?

Data Updates Validation

Kim Kramer, PA-C

MICHIGAN ACUTE CARE SURGERY CQI

April 27, 2022



DATA VALIDATION UPDATES

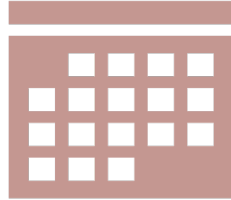


COMPLETED VALIDATION: 4 CENTERS

- Michigan Medicine
- Spectrum
- St. Joseph's Ann Arbor
- Sparrow



GETTING READY



First year: Zoom with Kim & Shauna the week before access is granted



Follow up with your IT department

Access to same views/modules

Example: Admit dates

Ideally access to your EMR granted the Monday prior to scheduled validation date.

VALIDATION RESULTS



8 cases validated
= **850** data
points reviewed

Average
discrepancy rate
= 2.6%

Average
consistency rate
= 97.4%

More leniency
this year

DISCREPANCY BY DISEASE



Appendix: 2.9 %



Ex-lap: 3.0%



Gallbladder: 2.5%



SBO: 2.8%

DISCREPANCY BY SECTION

- Demographics: 3.2%
 - Arrival: 6.7%
 - Risk Factors: 4.3%
 - Disease: 7.8% (2 centers with 0%, 1 high outlier)
 - Appendix: 5.2%
 - Gallbladder: 3.8%
 - SBO: 0.8%
 - Ex-lap: 4.3%
 - IR: 3.1% (3 centers with 0%)
 - OR: 1.1%
 - Intraoperative: 0%
 - Occurrences: 0.5%
 - Discharge: 2.0%
-

APPEALS

- Send us screenshots of your EMR
 - One word document
 - List case number and data point
 - Upload to Dropbox

```
mirror_mod = modifier_ob.  
set mirror object to mirror.  
mirror_mod.mirror_object
```

```
operation == "MIRROR_X":  
mirror_mod.use_x = True  
mirror_mod.use_y = False  
mirror_mod.use_z = False  
operation == "MIRROR_Y":  
mirror_mod.use_x = False  
mirror_mod.use_y = True  
mirror_mod.use_z = False  
operation == "MIRROR_Z":  
mirror_mod.use_x = False  
mirror_mod.use_y = False  
mirror_mod.use_z = True
```

```
selection at the end -add  
mirror_ob.select= 1  
modifier_ob.select=1  
context.scene.objects.active  
("Selected" + str(modifier_ob.  
mirror_ob.select = 0  
= bpy.context.selected_object  
data.objects[one.name].select  
print("please select exactly
```

```
-- OPERATOR CLASSES --
```

```
types.Operator):  
X mirror to the selected  
object.mirror_mirror_x"  
mirror X"
```

```
context):  
context.active_object is not
```

TEACHING POINTS - APPENDICITIS

- Fecalith = Appendicolith



TEACHING POINTS – SBO



“Obstruction Related To Adhesions”

- On CT reports, terms such as tethering, abnormal angulation, or kinking of the bowel can be used as proxies for “adhesions” in the absence of other modifiers such as mass or inflammation.
- If adhesions or “possible adhesion-related” is documented in the surgeon’s progress notes or operative report, you may select “Yes” to this variable.

TEACHING POINTS – EX-LAP



“Hypercapnic respiratory failure”

- The blood gas must be an ABG (not a VBG)
- $\text{PaCO}_2 > 45 \text{ mmHg}$

DATA DEFINITIONS TO CLARIFY

- Functional health status
- Free fluid amount on CT studies;
does small amount of fluid count
- Sepsis antibiotic date
- ICU dates
- Follow up date




ARBORMETRIX ANALYTICS PLATFORM



- Surgeon Champion
- MACS Primary Administrator
- Data Abstractors

*Any additional access needs to be approved by your hospital's MACS Primary Administrator

M·TQIP

[Home](#)[Membership](#)[Calendar](#)[Resources](#)[Leadership](#)[Contact Us](#)

RESOURCES

MACS

CALENDAR

Login

USER NAME

PASSWORD

[Forgot Password ?](#)

LOGIN

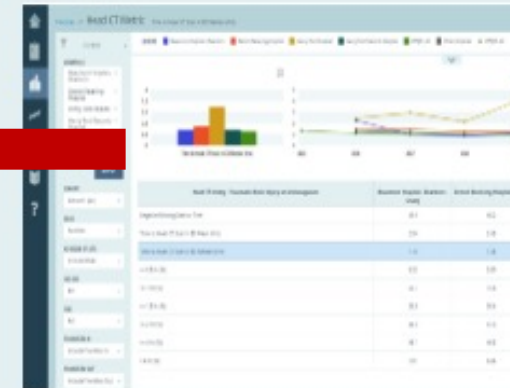
Request Access

Don't have a username and password? Please click the link below to request an account.

REQUEST ACCESS

New Features from Arbo

Data Through Febru



Request User Access



Request User Access

Requested User Name *

First Name *

Last Name *

User Type *

choose only one

▼

Work Email *

Work Phone

Cell Phone

Sites

Select Some Options

▼

Please describe the purpose for access below:

Requesting access to MACS or leave section blank

UPCOMING FOR AMX LOG IN

- New multifactor authenticator requirement coming 5/24
 - Download Authy app to your phone
 - Once set up, enter the Authy code on the AMX site
 - Step by step help document available from AMX
-

FILTERS

HOSPITALS

☐ Select All

APPLY

COHORT

Cohort 00 (All)

DEAD

No Filter

AGE

All

ASA SCORE

No Filter

TRANSFERS IN

Include Transfers In

PERIOD GROUP

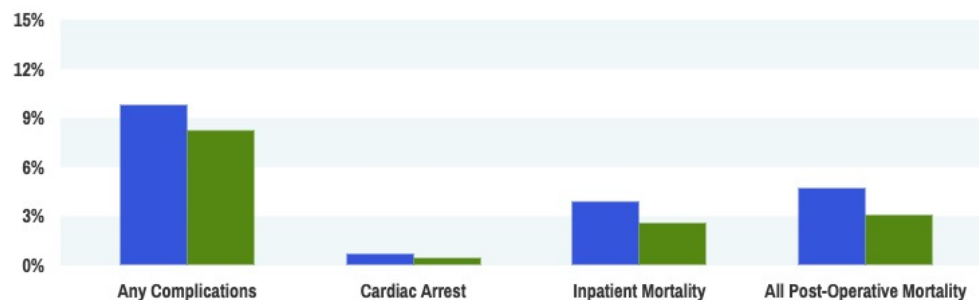
Default Periods

DEFAULT PERIODS

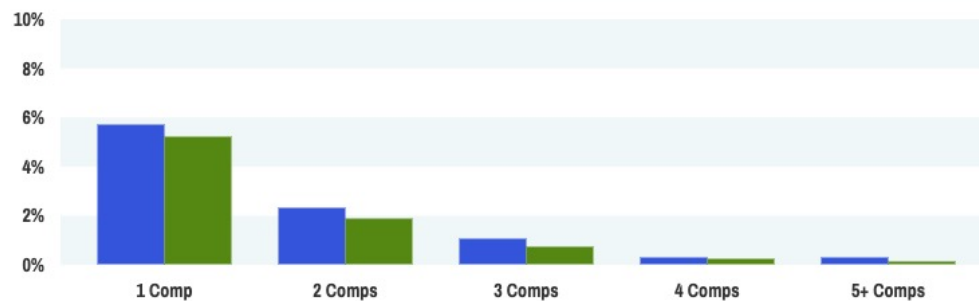
Program To Date

LEGEND ■ ■ MTQIP - All

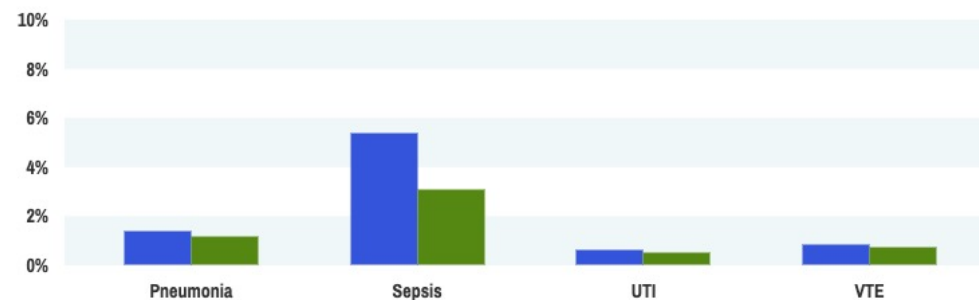
Outcomes Overview



of Complications



Complications by Type



Service Utilization



- MTQIP List
- MTQIP Reports
- PRQ Reports
- MACS List
- MACS Reports
- Push Reports
- Resources
- Help

Case List

Search, Filter, Export icons

Record #	MRN	First Name	Last Name	Age	Organ System	ED Arrival Date	Admit Date	Discharge Date	Death
					Appendix				Yes
					Appendix				Yes
					Appendix				Yes
					Appendix				Yes
					Appendix				Yes
					Appendix				Yes
					Appendix				Yes

1 - 7 of 7 items

CQI Index and Future Directions

Mark Hemmila MD

CQI Index

- ◆ 2022
 - Attendance
 - Data Submission
 - Validation visit
- ◆ 2023
 - 1-2 Metrics

Appendix III. Hospital P4P Performance Index Measure Weighting

CQI Performance/Participation Weighting Schedule for Newly Established CQIs		
Year	Performance	Participation
1	0%	100%
2	20%	80%
3	30%	70%
4	45%	55%
5	60%	40%
6	70%	30%

CQI Performance/Participation Weighting Schedule for Newly Participating Sites in Established CQIs		
Year	Performance	Participation
1	0%	100%
2	20%	80%
3	70%(or aligned with most established cohort's performance)	30%

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Michigan Acute Care Surgery (MACS) 2022 Performance Index January 1 to December 31, 2022				
Measure	Weight	Measure Description	Points	PARTICIPATION (100%)
#1	30	Data Submission		
		On time and complete 3 of 3 times	30	
		On time and complete 2 of 3 times	5	
		On time and complete 1 of 3 times	0	
#2	25	Meeting Participation-Surgeon		
		Participated in 3 of 3 meetings	25	
		Participated in 2 of 3 meetings	10	
		Participated in 1 of 3 meetings	5	
#3	25	Meeting Participation-Program Manager or Data Abstractor		
		Participated in 3 of 3 meetings	25	
		Participated in 2 of 3 meetings	10	
		Participated in 1 of 3 meetings	5	
#4	20	Data Validation		
		Completed	20	
		Not completed	0	
		Total (Max Points) =		

Additional Information

Measure 1: Data Submission: Partial/incomplete submissions receive no points. Complete data submission is defined as all cases submitted for the requested interval.

Measure 2: Meeting Participation: Surgeon represents one center only; alternate must be an attending level equivalent.

Feedback (mhemmila@umich.edu)

- ◆ Reports
 - Questions
 - Problems/Mistakes
 - Improvements
- ◆ CQI Index for 2023
- ◆ Speakers, Topics, Information
- ◆ See you in September

Questions

